

MINUTES

EXECUTIVE OFFICERS MEETING

APRIL 7, 1988

MMS: Contribute \$100 to Parents United for Child Care. So voted.

MMS: To buy 2 tickets to Carpenters Local 535 Surprise Testimonial Party honoring Tom E. Moseley. So voted.

MMS: Purchase 1/2 Page ad in the UFCW Local 1459 50th Anniversary Yearbook. So voted.

MMS: Take the same action as last year re: Firefighters ad book. So voted.

MMS: To send Pres. Osborn and Sec./Treas. Haynes to the National Building Trades Conference. So voted.

MMS: For Pres. Osborn to forward - support to Dick LeBlanc's request for support for Carl Lanza's appointment for Justice of Leominster District Court. So voted.

MMS: To sent Patrick Mele's letter of endorsement of Michael F. Filpi for position of Inspector in Berkshire County to Secretary Eustace and Commissioner Snow. So voted.

MMS: To purchase two tickets to the Vermont State Labor Council's testimonial dinner for Past President Bobby Clark. So voted.

MMS: To purchase a table for the Labor Guild Breaskfast. So voted.

MMS: To take appropriate action on the wish list for Rosie's Place. So voted.

The request from the National Federation of Priest's Council for a donation - Filed.

The second request from the Labor heritage Foundation for donation. - Filed.

The request from the West Roxbury VA Medical Center for a donation. - Filed.

Request to purchase tickets in honor of Gerhard M. Freche. - Filed.

Request to purchase tickets for Paul G. Kirk, Jr. - Filed.

Request to purchase tickets for the 1988 Democracy and Labor Award of the American Jewish Congress for Lane Kirkland. - Filed.

Requests for tickets for Anti-Defamation League - Maimonides Award Dinner in honor of Dr. H. Richard Nesson. Filed.

Request from the N.E. Israel Histadrut Committee to purchase five seats or an advertisement for their 40th Anniversary. Filed.

MMS: to refer the letter from Robert Spinney, Chairman of the Health & Safety Committee asking fro the Exec. Bd. to discuss what action should be taken on H 1749 - Toxic Use Reduction Bill to IUD Dept. Joe Faherty. So voted.

MMS: to purchase 60 Leadership Traing Manuals for AFL/CIO - Washington. So voted.

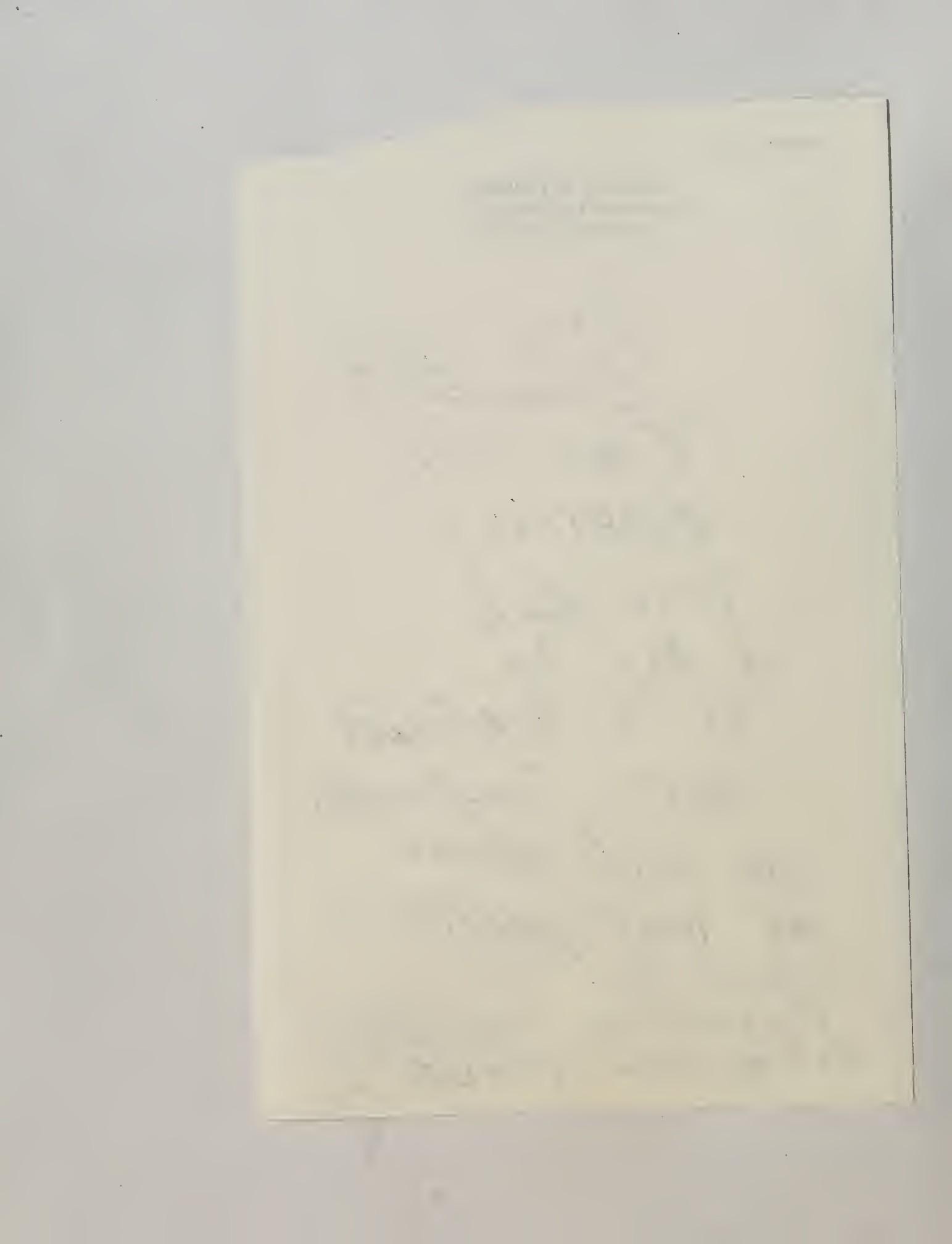


*From the desk of...*

ARTHUR R. OSBORN  
President and Education Director  
Massachusetts AFL-CIO

EX-OFF

Teach Five  
Approval  
for Bob  
& Me to  
go to National  
B.I.T.'s Conference  
we will appear  
at NAT. AFL/CIO's  
comm. off. on  
Regressive Legislation  
asking for grants.



ORDER BLANK

**AFL-CIO LEADERSHIP TRAINING MANUALS**

We want to order \_\_\_\_\_ copies of the 1988 Leadership Training Manual.

Manuals should be either:       Looseleaf, individually wrapped, ready to be inserted in a regular 3-ring notebook

OR

\_\_\_\_\_ Bound with spiral binding

**Note:** If you are ordering more than 50 manuals, the name of your union can be printed on the cover. Please indicate how you want it to appear on the cover. The charge for this printing is \$100. Each manual costs \$2.

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**MANUALS ARE NOT AVAILABLE UNTIL JUNE 1, 1988**

Manuals must be received by the following date: \_\_\_\_\_  
**(PLEASE** give us the latest date that manuals can arrive after June 1, 1988. This will help us in meeting the needs of unions that hold early summer schools. We can only meet early deadlines for quantity orders.)

**Manuals should be sent to:** (If manuals should be shipped to several places and arrive at different times, please indicate this below.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**Bill for manuals and shipping charges should be sent to:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**Return this form to:**

Jackie Kienzle, Assistant Director  
AFL-CIO Department of Education  
Room 407, 815 - 16th Street, N.W.  
Washington, DC 20006

**Manuals ordered by:**

(name) \_\_\_\_\_

(phone) \_\_\_\_\_



Bob:

Do you want Council  
to put ad in ad  
book of Firefighters?

P.

Thurs 4/21/88 Mayor Mc Lynn's Transition Team  
citizen participation - Chief + Captain of MFD.

Fire Dept: - add 2nd Management position to organizational  
structure

Police Dept.

issue of language and bids -



Capital Services, Inc.

1439 Rhode Island Avenue N.W.  
Washington, D.C. 20005  
(202) 745-4900

10 Thacher Street  
Suite 114  
Boston, MA 02113  
(617) 227-7422

DRAFT

CAMPAIGN FOR THE QUALITY OF LIFE  
PLANNING SESSION  
SATURDAY, APRIL 9, 1988

AGENDA  
//////

CONVENE: 9:00AM

- I. INTRODUCTION & PURPOSE
- II. DISCUSSION OF POLLING DATA
- III. BRIEFING ON CAMPAIGN MESSAGE  
AND KAMBER CAMPAIGN PLAN
- IV. THE ELECTION CALENDAR AND  
OPPORTUNITIES
- V. CONSTITUENCY OUTREACH
- VI. THE STATE DEMOCRATIC CONVENTION
- VII. VOTER REGISTRATION
- VIII. THE PRIMARY
- IX. GOTV PROGRAM
- X. ELECTION DAY OPERATIONS
- XI. THE FIELD ORGANIZATION
- XII. BUDGET
- XIII. WRAP-UP

ADJOURN: 1:00PM



Manuals will be available by June 1 and can be shipped anywhere in the country. However, we must have your order no later than April 25. Manuals are made to order and they will not be available unless you place your order within the next few weeks. You can order manuals in two different formats: looseleaf or with the spiral binding. The advantage of having the material in a looseleaf format is that you can supplement the basic material with additional material on problems of particular concern to your state federation or union.

Looseleaf units come individually wrapped, holes punched, and ready to be inserted into a notebook. Notebooks are not provided. For unions and state bodies lacking the staff to prepare additional material, the spiral binding is advisable.

The spiral bound manual makes a complete unit with the cover imprinted with the title **AFL-CIO Leadership Training Manual**. If you are ordering **50 or more manuals**, you can have the name of your union or federation imprinted below this. The cost of imprinting the cover with the name of your union or state federation is \$100. The cost of the manual is \$2 per copy.

If you are planning to order manuals this year, please complete the attached order form and return it to us by April 25. Materials in the manuals can be reproduced and used in one-day workshops, weekend conferences or other education and legislative programs. The Department of Education will be glad to assist in the planning and development of programs which your union or central body may have under consideration.

Enclosure  
DS:ew  
opeiu#2aflcio

Exel  
Comm

4-19-88

## 1988 Democracy and Labor Award Dinner

Honoring

Lane Kirkland

Paul S. Berger, Dinner Chair

### Dinner Committee\*

Morton Bahr  
Communications Workers of America

Edward J. Carlough  
Sheet Metal Workers  
Int'l. Association

Juel D. Drake  
Int'l. Assn. of Bridge, Structural  
& Ornamental Iron Workers

Thomas R. Donahue  
Secretary/Treasurer AFL-CIO

Larry Dugan, Jr.  
Int'l. Union of Operating Engineers

Angelo Fosco  
Laborers' Int'l. Union of  
North America

Robert A. George  
Building and Construction  
Trades Department

Edward T. Handley  
Hotel Employees &  
Restaurant Employees Int'l. Union

James Joy, Jr.  
Utility Workers Union of America

Joel Levy  
Vice-President, AJC

Rabbi Jack Luxemburg  
Regional President, AJC

Irvin Nathan  
Chair, Regional Board of Trustees, AJC

Jackie Presser  
Int'l. Brotherhood of Teamsters

Daniel Singer  
Vice-President, AJC

Julian Spier  
Co-Chair, AJC Governing Council

John J. Sweeney  
Service Employees Int'l. Union

Lynn R. Williams  
United Steelworkers of America

William H. Wynn  
United Food & Commercial Workers  
Int'l. Union

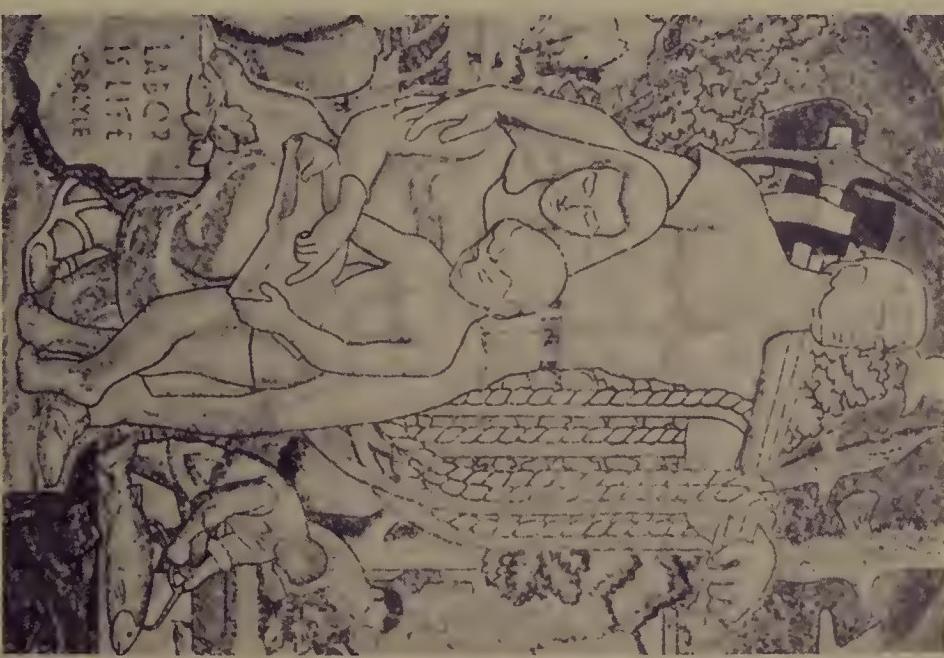
### American Jewish Congress

Robert K. Lifton  
President

Henry Siegman  
Executive Director

For more information call (202) 332-4001

\*Committee in Formation



From AFL-CIO Lobby Mural by Lumen Martin Winter

There is no more fitting recipient of the American Jewish Congress 1988 Democracy and Labor Award than Lane Kirkland, President of the AFL-CIO.

The American Jewish Congress and the Labor Movement have always shared similar goals ranging from strong civil rights and religious liberties to strengthening our total society by enhancing social programs, and working towards economic justice.

During recent years we have worked side by side on such issues as the Civil Rights Restoration Act, increasing the minimum wage, opposing the call for a Constitutional Convention, expanding federal employment training programs,



opposing the nomination of Robert Bork to the Supreme Court and fighting cuts in Social programs. Under Lane Kirkland's leadership, the AFL-CIO has continued to be one of Israel's best friends and a vigorous supporter of democratic foreign policy.

Lane has been selected as our honoree because of his long term activism on behalf of and commitment to social justice and equal rights. He is an eloquent spokesperson and a bulwark against the reactionary forces that threaten our rights and liberties. His leadership exemplifies the goals of both the American Jewish Congress and the AFL-CIO in fostering a more just society.

The Honor  
of your presence  
is cordially requested at the presentation of the  
**1988 Democracy and Labor Award**  
of the  
American Jewish Congress

to

**LANE KIRKLAND**  
President, AFL/CIO

Tuesday, May 10, 1988  
Washington Hilton Hotel  
Washington, D.C.

Paul S. Berger  
Dinner Chair

Reception at Six-thirty  
Dinner at Seven-thirty  
Couvert \$250 per person  
\$2500 Table of Ten

No Solicitation of Funds

1988 American Jewish Congress  
Democracy and Labor Award Dinner  
Honoring Lane Kirkland  
Tuesday, May 10, 1988

Dear Paul:

- I would be delighted to join you at the Democracy and Labor Award Dinner honoring Lane Kirkland. Please reserve \_\_\_\_\_ tables of ten at a cost of \$2,500 a table.
- Please secure \_\_\_\_\_ reservations at \$250 per person. Enclosed is my check for \_\_\_\_\_.
- I am unable to attend, but please accept my contribution of \$\_\_\_\_\_.

Name\_\_\_\_\_

Organization\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ State\_\_\_\_\_ Zip\_\_\_\_\_

Phone (Day)\_\_\_\_\_ (Eve.)\_\_\_\_\_

Please make checks payable to the American Jewish Congress. All contributions are tax deductible. For more information, call Tracy Salkowitz at 332-4001.

\*Please list names of guests on reverse side.



617-442-9322

Boston, Mass. 02118

889 Harrison Avenue

# Rose's Place



Dinner Plates

Bath Towels

Wash Cloths

Coffee Mugs

Underwear

Stainless Steel

Flatware

Maternity Clothes

LARGE Size Womens Clothing

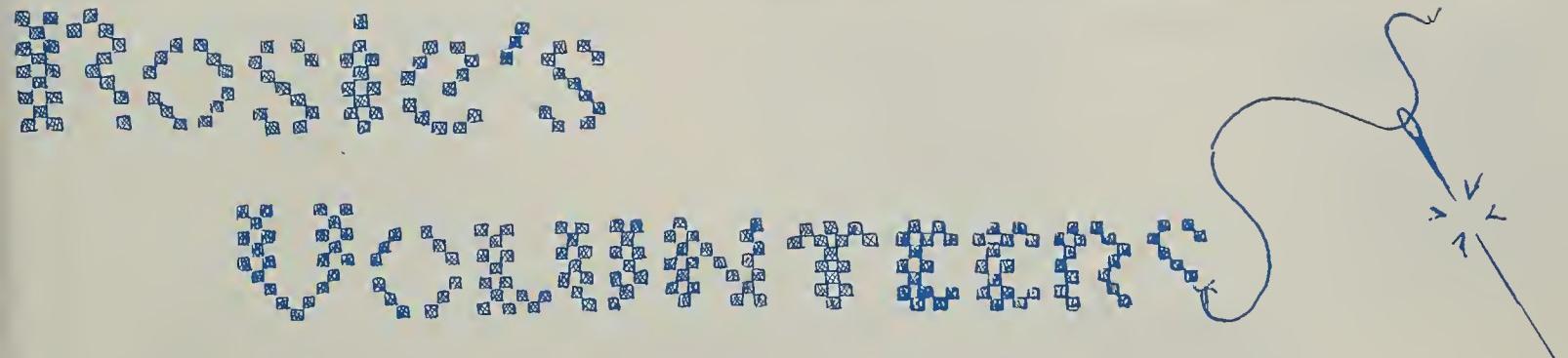
MBTA Passes

Garden Hand Tools

Cosmetics

Roto Tilling Service





To touch another person in a positive way. No where do I see that come to pass more often than by the volunteers at Rosie's Place. The fact that we have many volunteers working with us is one of the major reasons Rosie's is the special place it is to hundreds of women and their children. The high level of enthusiasm, devotion and warmth of each and every volunteer is felt at all times. I have the privilege of scheduling between 100 and 115 volunteers each week to cover our Dinner Hour, Sunday Lunch and Clothing Room.

The preparation for dinner begins long before our doors open at 5pm. In the late afternoon the many students working with us begin to gather and while they console each other about how their day has gone in class they begin to relax and ready the clothing room and dining room for our guests. Encouraging students to work with us is an important part of the work we do here. Not only do they help with the basic chores and begin to realize the importance of those basic tasks, but they take away with them a delicate awareness of the harshness and deprivation our guests live with daily. Needless to say this is a significant part of their education and hopefully they will carry this awareness with them in the years to come.

As the hour approaches five, folks begin to rush in from their work and daytime commitments, change into comfortable clothing, quickly chat with their co-workers and dig in. Each shift has between 12 and 15 volunteers and they assume total responsibility for the smooth and safe running of the dinner shift between the hours of 5 and 9pm.

For most volunteers their commitment does not end with their shift. We are able to staff a beauty salon, attend concerts, plays and movies and pick raspberries in the summer because of volunteers who help to plan and share these special events with the women and children they have come to love. It is that kind of sharing that makes Rosie's feel very much like an extended family for all. The guests know and trust that the volunteers will be here for them every week and together create a very special feeling in a very special place.



Love & Hugs  
Harriet



Volunteers. They keep coming back. They push through the confusion and the fear of the first shift, and they keep coming back. What brings them back, I ask myself?

Rosie's Place stands outside the system, this society based on hard currency, measured and counted. The work done and the time spent by volunteers at Rosie's has no cold cash reimbursement. Volunteers are reimbursed in feelings. And the feelings are many and varied.

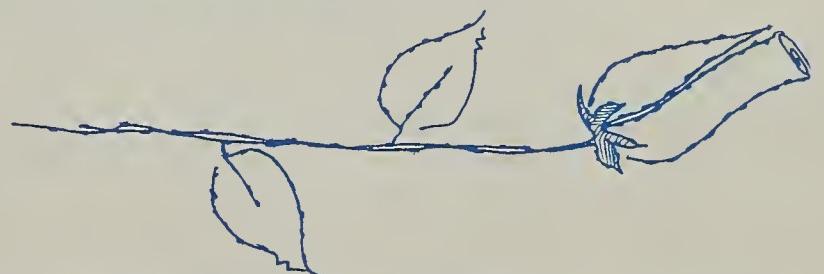
First and foremost is a sense of doing justice. The chance to strike back against the engulfing advances of poverty. The fulfillment of maintaining an oasis for the women most hard hit by poverty. The opportunity to make a difference in a society that, especially in the last eight years, seems to care less and less.

And then the volunteers begin to know the women, the guests, as individuals, and a great caring grows. It grows from a concern for the day to day struggles that each and every woman undergoes. The volunteers share the sadness of the losses, such as when a new woman appears at the door of Rosie's needing shelter. And they feel the joy of the victories-- like when a woman finds an affordable apartment and she moves in. The feelings of hopelessness and hopefulness walk hand in hand at Rosie's. Everything that the volunteers have to offer-- many services and much love-- can tip the balance in favor of hope.

I have the opportunity to watch the journey of the overnight volunteers and the beauticians from their first arrival at Rosie's. And they inspire me. Through their caring and concern for each individual woman. Through their persistent efforts in staying overnight and losing sleep weekly, every two weeks, or once a month. Through the efforts of the beauticians in coming here on days off from work to continue the same job that they live by, day in and day out standing on their feet. Through the willingness of overnights to cover emergency overnights, sometimes with only a few hours or even a few minutes notice. Knowing they'll come in energetic and enthusiastic to be with the women again.

A lot is asked of Rosie's volunteers. And much, much more is given.

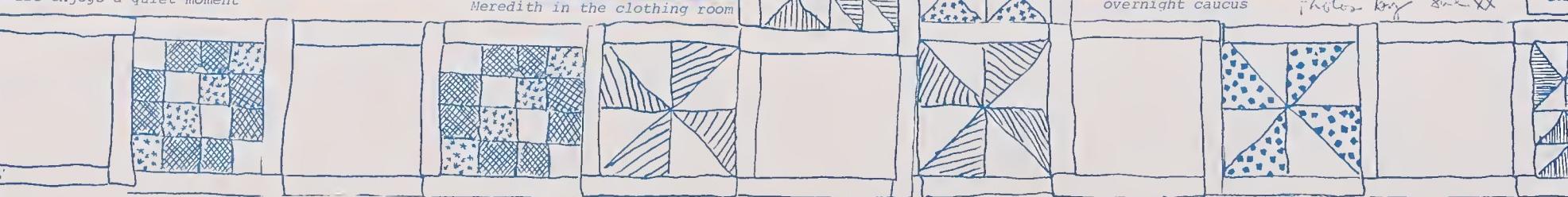
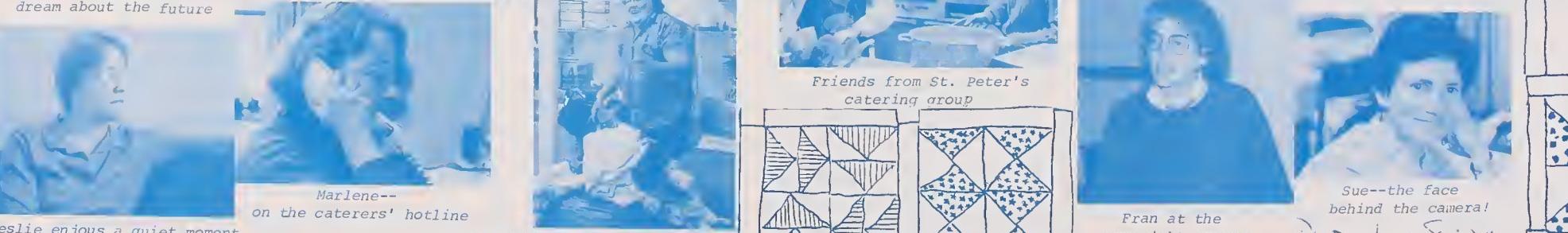
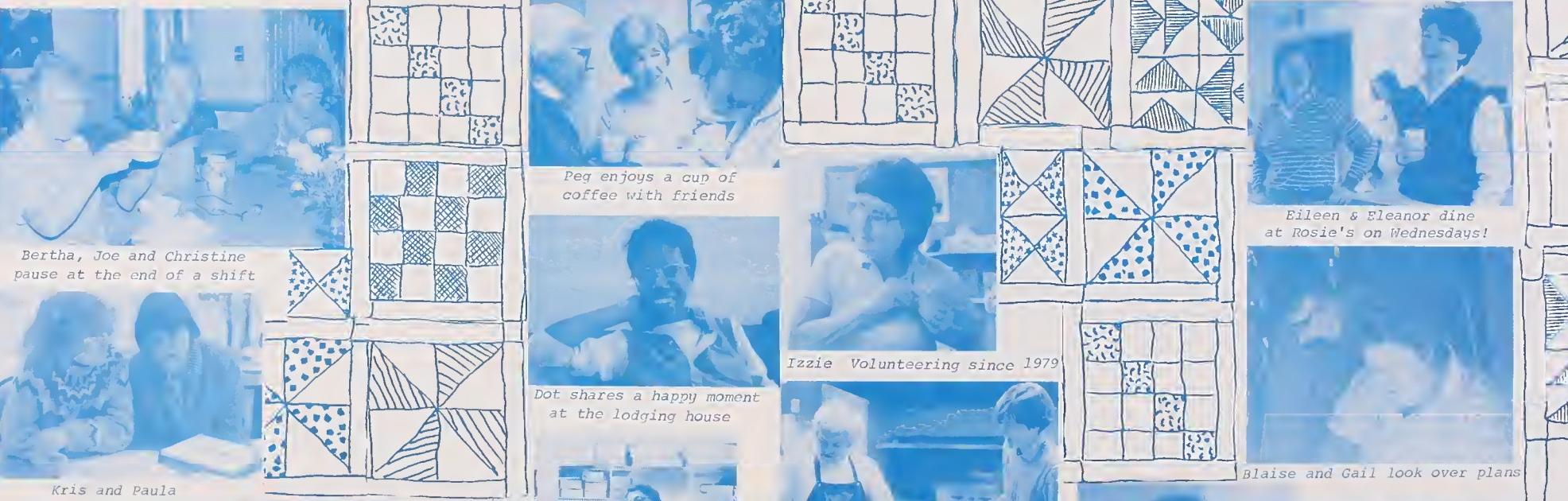
With lots of love,  
Tamsin



We at Rosie's always think of our volunteers as special people to take time out of their busy lives, to give a few hours to help serve the women and children that come to Rosie's. All of our volunteers do this with a lot of patience, love and understanding.

There is a small group of volunteers that are very special to me. That is the group of people who have given so much of their lives already to work and families and are now retired... and they're still giving of themselves. They come here as volunteers and become very dedicated to our guests and other volunteers and really help the shifts run smoothly. Being retired from their jobs does not mean being retired from giving which they have done all of their lives.







*Ex. off CC: PRO*



*Capital Services, Inc.*

1439 Rhode Island Avenue N.W.  
Washington, D.C. 20005  
(202) 745-4900

10 Thacher Street  
Suite 114  
Boston, MA 02113  
(617) 227-7422

MEMORANDUM

TO: PRESIDENT OSBORN  
FROM: CAPITAL SERVICES, INC.  
DATE: 3/23/88  
RE: SERVICES TO BE PROVIDED TO THE STATE AFL-CIO  
IN REGARD TO THE PREVAILING WAGE CAMPAIGN

//////////

Capital Services, Inc. proposes to provide the AFL-CIO the following services:

1. PLANNING SESSION: Senior CSI representatives , in conjunction with representatives of the AFL-CIO, will conduct a day-long planning session. This planning session will outline the strategy and tactics for a statewide grassroots effort on behalf of the Prevailing Wage campaign. At this session we will discuss constituency groups, constituency outreach, voter registration, election timelines, GOTV, and election day operations.
2. PLANNING DOCUMENT: As a by-product of the planning session, CSI will develop a planning document that will outline the goals and objectives discussed at the session. This document will include an action calendar and budget.
3. CONSTITUENCY GROUP BLUEBOOK: CSI will develop a comprehensive bluebook, listing the names, addresses, and telephone numbers of all the key activist organizations in Massachusetts.
4. CONSTITUENCY OUTREACH PROGRAM: CSI, working in conjunction with representatives of the AFL-CIO, will conduct an outreach program geared to recruiting the support of the targeted constituencies listed in the bluebook.
5. GENERAL CONSULTATION: CSI will provide consultation to the campaign and will be available to revise, oversee, and monitor the grassroots outreach plan.
6. TARGETING AND VOTER ANALYSIS- SECOND CONGRESSIONAL DISTRICT: CSI will provide targeting information regarding voter participation and turnout as it relates to the second congressional district.



*ETJF*

NATIONAL FEDERATION OF

**NFPC**

**PRIESTS' COUNCILS**

*JW*

1307 S. Wabash Avenue Chicago IL 60605  
(312) 427-0115

February 15, 1988

Dear Mr. Osborn:

The NFPC will celebrate its 20th anniversary at our annual Convention this April in Louisville. For twenty years we have been the only national voice for priests in the U. S., and in that time we have addressed the major issues in the lives and ministries of U. S. priests: from preaching to the Pastorals of our bishops, from salaries to sacraments, from the homeless to the heaven-ward, and most things in between. Having often found ourselves in the past on the cutting edge of ministerial concerns and programs that seemed new or audacious, today's NFPC can proudly point to well over 90% of its agenda over the years as being in the mainstream of the Church's ministry for the United States in the late 1980's.

We couldn't have done it without generous donations of time, talent and money from countless individuals over those twenty years. We hope you will offer some of that help to us at this time. Your name came to us from Rev. Henry Engelbrecht, who recently finished his term on our Board, and he joins us in asking you to help us supplement the rather meager budget with which we try to operate our national ministry.

The enclosed issue of **TOUCHSTONE**, our quarterly newsletter, is an example of our service to the priests of our nation. We had the texts of these two historic talks in the mail before the Pope returned to Rome this past September. And we'll be happy to see that you receive **TOUCHSTONE** on a regular basis - just contact us. We hope to hear from you - and above all keep us in your prayers.

Peace,

*Rev. Jack Frerker*  
Rev. Jack Frerker  
Executive Director











# LABOR HERITAGE FOUNDATION

*A non-profit, tax-exempt organization founded in 1983.*

Room 301 815 16th Street, NW Washington, D.C. 20006 (202) 842-7880

Joe Glazer <i>Chairman</i> <i>President</i> <i>Secretary</i>	Saul Schinderman <i>Vice President</i>	Leslie S. Hough <i>Dr. Southern Labor Archives</i> <i>Georgia State University</i>
Joe Lehlein <i>President</i>	Dolores Huerta <i>Vice President</i>	Barbara Hutchinson <i>Dr. Women's Dept.</i> <i>Amer. Fed. of Govt. Emp.</i>
Laurie Baydes <i>Exec. Dir./reas.</i>		Gloria Johnson <i>Vice President</i> <i>Int'l Union of Elec. Workers</i>
Larry Rubin <i>Information Director</i>		St. Kahn <i>Grassroots Leadership Inc.</i>
Gary Nordlinger <i>General Counsel</i>		Lane Kirkland <i>President, AFL-CIO</i>
Theo Bikel <i>Action Designer</i>	Joyce Kornbluth <i>University of Oregon</i>	Columbia University Communications Workers of America
Clayola Brown <i>Ed. Dir., <i>Animated Clothing and Textile Workers</i></i>	William Lucy <i>Sec'y. Pres., Amer. Fed. of State County &amp; Local Emp.</i>	Grassroots Leadership, Inc.
Mimi Conway <i>Author</i>	Chris Llewellyn <i>Poet</i>	Hotel Employees and Restaurant Employees
Ralph Fasanella <i>Artist</i>	Ester Peterson <i>Consumer Affairs</i>	International Brotherhood of Electrical Workers
Moe Foner <i>Executive Director</i> <i>Dust 1999 Cultural Gr., Inc.</i>	Chuck Portz <i>The Labor Theater</i>	International Brotherhood of Painters and Allied Trades
Sam Friedman <i>Founder, Rebel Arts</i>	Dr. Bernice Johnson Reagon <i>Dr. Program in Black Amer. Culture</i>	International Union Council, New Jersey
Jack Goldinet <i>Executive Director</i> <i>Prof. Engg. Dept., AFL-CIO</i>	Howard D. Samuel <i>Pres. Int'l Union Dept., AFL-CIO</i>	Industrial Union Department, (AFL-CIO)
Archie Green <i>Labor Historian &amp; Historian</i>	The Labor Agency of Metropolitan Washington	Local 617, United Food and Commercial Workers
Judith Heh <i>Very Tues., Pennsylvania AFL-CIO</i>	The Nat. Weinberg Award	United Mine Workers of America
Velma Hill <i>Service Employees Int'l Union</i>	National Capital Labor History Association	United Rubber, Cork, Linoleum and Plastic Workers of America
Alice M. Hoffman <i>Labor Historian</i>	National Education Association	Local 3701, United Steelworkers of America
Peter Jones		Workers Lives, Workers' Stories, University of Michigan
Steve Jones		
Roy Berkeley	Ross Reider	
Billy Brown	Jeanne Dylan Reuther	
Elise Bryant	Ann Romaine	
Guy Garavan	Sparky Rucker	
Florence Ebes	Jane Sapp	
Ralph & Eva Fasanella	David Sawyer	
Ngoma & Farbu Hill	Todd Smith	
Lee Hunter	Harry Stamper	
Peter Jones	Baldemar Velasquez	
	Kenny Winfree	
	Glenn Plummer	

## Artists' Advisory Committee

Joe Bella	Steve Jones	Ross Reider
Roy Berkeley	Tom Juravich	Jeanne Dylan Reuther
Billy Brown	Kim Keller	Ann Romaine
Elise Bryant	Susan Kellock	Sparky Rucker
Guy Garavan	Charlie King	Jane Sapp
Florence Ebes	Marilyn Major	David Sawyer
Ralph & Eva Fasanella	James Orange	Todd Smith
Ngoma & Farbu Hill	James Ortega	Harry Stamper
Lee Hunter	Larry Penn	Baldemar Velasquez
Peter Jones	Kenny Winfree	
	Glenn Plummer	

*Organizations assisted by LHF:*

AFL-CIO

Amalgamated Clothing and Textile Workers Union

American Arts Council

American Federation of Government Employees

American Postal Workers

Brotherhood of Maintenance of Way Employees

Children of Victims of the Bridgeport Building Collapse Scholarship Fund

Columbia University

Communications Workers of America

Cultural Arts Alliance

George Meany Center for Labor Studies

Grassroots Leadership, Inc.

Hotel Employees and Restaurant Employees

International Union

International Brotherhood of

Electrical Workers

International Brotherhood of

Painters and Allied Trades

International Union Council, New Jersey

Industrial Union Department,

(AFL-CIO)

The Labor Agency of

Metropolitan Washington

The Nat. Weinberg Award

National Capital Labor

History Association

National Education Association

New York City Central Labor Council

Pattersonmakers League of North America

Pennsylvania AFL-CIO

Professional Employees International Union

Local 2, Office and International Union

Local 500, Service Employees

San Antonio Joint Board

Amalgamated Clothing and Textile Workers

Union

Sisterfire

Smithsonian Institution

Southern Tenant Farmers Union

Theater Workers Project

Transportation—

Communications Union

Local 617, United Food and

Commercial Workers

United Mine Workers of

America

United Rubber, Cork,

Linoleum and Plastic

Workers of America

United Steelworkers of

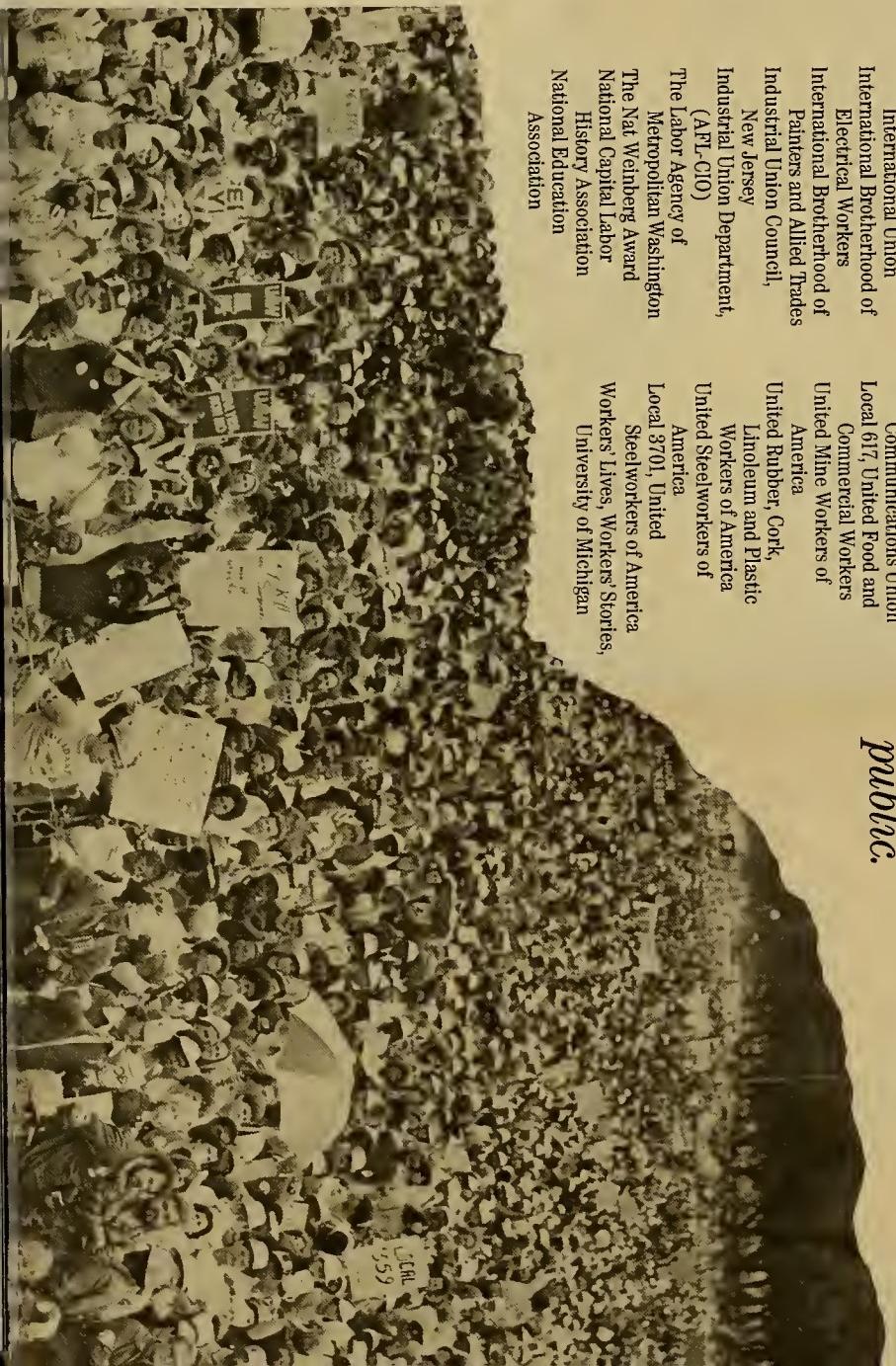
America

Workers Lives, Workers' Stories,

University of Michigan

# LABOR HERITAGE FOUNDATION

*Dedicated to raising awareness of workers' culture within the labor movement and among the general public.*



# LABOR HERITAGE FOUNDATION

*Our heritage is not just what happened yesterday... it's what's happening today.*

The Labor Heritage Foundation helps unions and their members communicate, educate, and build solidarity through the use of music, drama, painting, poetry and prose—tools which have been proven effective since the beginning of the labor movement.

We encourage union members to create their own songs and art works by giving them training and professional advice.

Also, through helping unions present their messages to the general public, we are helping build a better understanding of the labor movement.

We are primarily involved with the problems facing labor today, but we also work to preserve—and to make known—the rich heritage of cultural creations produced by the historic struggles of American workers.



- Sponsors annual Great Labor Arts Exchanges at the George Meany Center for Labor Studies in Washington, D.C. where trade unionists and professional artists help each other hone their skills to better serve the labor movement;

- Helps labor unions around the nation sponsor regional Labor Arts Exchanges;
- Produces labor concerts and helps produce film festivals, TV, radio, and stage shows;
- Trains union members to use music and other art forms;

- Prepares collections of labor songs;
- Distributes phonograph records and audio and audiovisual tapes; and

- Publishes ART WORKS, a labor arts newsletter.

*In recent months, the Labor Heritage Foundation has:*

- Helped over 15 union groups design and carry out staff training programs, conventions, rallies, regular meetings, and strike and negotiation support activities.
- Sponsored the first major Washington, D.C. labor song concert in over a generation.
- Co-sponsored a performance of "Lady Beth," a play by and about unemployed steelworkers produced by The Theatre Workers' Project and financed, in part, by Bruce Springsteen.
- Produced an album of songs about senior citizens funded by the Villers Foundation.
- Produced the musical performances at the Smithsonian Institution's symposium on the history of industrial America.

## *Forging Labor Unity.*

Anti-labor forces are trying to erect barriers between organized labor, unorganized workers, and the general public. LHF works to lower those barriers.

In "The Changing Situation of Workers and Their Unions," the AFL-CIO Executive Council concluded that unions must educate new members about the roots and goals of the labor movement; revitalize the training of officers and stewards; increase communication with membership; sponsor more solidarity-building events; and better publicize labor's accomplishments.

The LHF is playing a major role in helping unions meet these goals.

Most LHF staff members are volunteers. Our Board of Trustees and Artists' Advisory Committee include some of America's most outstanding labor leaders, artists and academics. The Industrial Union Department (AFL-CIO) provides LHF with office space in the AFL-CIO's Washington, D.C. headquarters building. Among its many activities, LHF:

- Operates a referral service for unions seeking singers, song writers and other artists;



EX OFF.

March 18, 1988

Arthur Osborne  
State President, AFL-CIO  
8 Beacon Street  
Boston, MA

Dear Arthur,

A few days ago I talked to an old friend, Frank Meyers pertaining to assisting us to defray the cost of mailing 200 newsletters to members of the West Roxbury VA Medical Centers Heartline Program. Frank suggested that I contact you as he felt that the State AFL-CIO might be interested in assisting our group at the VA Hospital in continuing the work that we do in helping veterans with cardiovascular diseases.

I first met and worked with Frank, Chick Chaikan, Jim Russo and Elliott Klitzman of the ILG in organizing Zayre Employees 25 years ago. I also worked closely with Franklin Murphy and John O'Malley in organizing Federal Employees. I retired as a National Representative with AFGE-AFL-CIO in 1978 after spending all of my working years following WWll with the Labor Movement.

Art, what we need is help in mailing out notices to our membership, some of them housebound and can not get out, but enjoy our announcements and quarterly newsletters. Enclosed is an old edition that you might enjoy reading. Also enclosed is a monthly news release, a third edition of our booklet and other news items that perhaps would give you a better understanding of the work that we do. At age 73 I am indeed fortunate that following a quadruple bypass I am able to function at 60% of normal capacity, some veterans are not that lucky.

In closing, I never had the pleasure of meeting or working with you, but from all reports the AFL-CIO in our great state is in good hands. Please let me hear from you in this matter, either call, write or invite me to your office

(OVER)

Sincerely, Pat Conte, President, West Roxbury, VA Heartline

PS: If I had to make a living during my working years as a typist, I sure as hell would have starved to death. Fortunately I was able to make it all of those years with a damn good secretary. Secondly, as an Italian-American its a damn good thing that George Meaney hired me many years ago as most of my Italian friends either went to jail or wound up selling bananas at Haymarket

Again, continued success to the Labor Movement and continued good health.

Pat Conte,  
255 Orchard Street  
Millis, MA  
Telephone 376-4102

# 4<sup>th</sup> ARMORED DIVISION ASSOCIATION



Samuel A. Schenker, Sec.-Treas.

John P. Lynn, Pres.

SALUTE TO POW'S AND MIA'S



"THEY SHALL BE KNOWN BY THEIR DEEDS ALONE"

Major General John S Wood

WEST ROXBURY  
V.A.  
MEDICAL CENTER



# To All of You

WITH DEEP APPRECIATION....

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We have been truly blessed at the Veterans Administration West Roxbury Medical Center to have a group of extraordinarily gifted and dedicated individuals, all with specialized medical training, who have played a major role in our Beginning. To these individuals we owe a great deal and so, on behalf of those many hundreds of Veterans who will reap the benefits that Heartline Chapters will offer, we say, "THANK YOU SO VERY MUCH FOR ALL THAT YOU HAVE DONE AND FOR ALL THAT YOU MEAN TO US."

Pat Conte, President

Joseph Doyle, Vice President

Rita Dale, Secretary

Russell DiTocco, Public Relations Director

VETERANS ADMINISTRATION MEDICAL CENTER  
Brockton/West Roxbury, MA

HEARTLINE CHAPTER

Dear Veteran:

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HEARTLINE MEETINGS:

Meetings will be held the second Thursday of each month from 7:00-8:30 p.m. in Room 118 at West Roxbury VA Medical Center. Meetings are open to Veterans who have had Open Heart Surgery or other heart problems. Families and friends are also welcome.

Such health professionals as a Cardiologist, Cardiothoracic Surgeon, Nutritionist, or Psychologist will present topics and information in their specific disciplines. Members' questions are welcome. A members-only discussion where individual experiences dealing with each topic may be heard will follow the evening's presentation. Although Heartline meetings cover topics mentioned in our OBJECTIVES section, suggestions by Heartline Chapter members are considered for discussion.

#### LIVING A MORE HEALTHY LIFESTYLE:

High blood pressure, atherosclerosis, heart attack, stroke and congestive heart failure are problems that can occur within your body. You can help by living a lifestyle that is good for your heart and blood vessels. Before you can do anything about a problem, you must know where you stand. By getting a thorough physical examination, you will be able to determine your general health. Your doctor may tell you that you are a potential candidate for heart attack, stroke or congestive heart failure or that you have high blood pressure, a disorder more likely to occur as you grow older. You may be advised to quit smoking, lose weight, change your diet, exercise, or identify and try to change stressful situations. What your doctor advises depends on what he finds out about you--your family history and your lifestyle. Before you adopt any of the following suggestions, you should consult your doctor.

#### CIGARETTE SMOKING:

Smokers have a much higher risk of having a heart attack than do people who don't smoke or who have quit. If you are a heavy smoker, you can still benefit by quitting the cigarette habit now. After several years, the heart attack death rate among people who have quit smoking is about the same as for people who have never smoked.

## EXERCISE:

A sedentary lifestyle may increase the risk of having a heart attack, and regular exercise is considered one important influence in reducing that risk. Check with your doctor if you plan to begin a regular exercise program.

Regular exercise benefits you in many ways:

- . It improves blood circulation throughout the body. Lungs, heart and other organs and muscles work together more efficiently.
- . It helps an individual handle stress, so he or she can do more and not tire so easily. It bolsters enthusiasm and optimism.
- . It is good for psychological well-being, it is a tension release and helps relaxation and sleep.
- . Along with proper diet, it can help control weight.
- . If performed on a regular basis, it may help the body make the best use of fats and sugars (carbohydrates).

Exercise is most effective for the heart if done in a rhythmic, repetitive manner. Select exercises which challenge your circulatory system at an intensity that's appropriate for you. Begin easily and pick activities which you enjoy, which are suited to your needs, and which can be done year-round. Activities often recommended include walking, hiking, jogging, bicycling, swimming and other active sports or games. They should be done at least three times a week.

**DIET:**

A nutritious, well-balanced diet with plenty of water and sufficient calories is recommended to maintain optimal weight. This means eating a variety of foods--lean meats, poultry, fish, low-fat cottage cheese, skim milk, low-fat milk, breads, cereals, and an assortment of fruits and vegetables. Margarine is the ideal spread and is also good for cooking, as are vegetable oils.

**NOTE:** The American Heart Association currently recommends a diet designed to minimize those risk factors associated with dietary intake. This plan outlines a wholesome eating style for a healthy, active life, while reducing serum cholesterol to a safe level.

A copy of the "American Heart Association Diet--An Eating Plan For Healthy Americans" and/or "Cholesterol in Your Heart" is available without charge from your local heart association.

Every person is unique; therefore, diet therapy has to be individualized. These services are available to the Veterans at the Brockton-West Roxbury VAMC and the Worcester Outpatient Clinic.

## YOUR HEALTH DEPENDS ON YOU:

You now have some facts about cardiovascular diseases--what they are, your chances of having them, how to recognize them, and what you can do about them. The rest is up to you. There is nothing you can do to stay young forever, of course, but you can improve the quality of your life by developing a plan to live a heart-healthy lifestyle and sticking with it.

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- Have regular medical check-ups.
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It all sounds so simple. But it requires an effort on your part to do all those things that are good for you...

and good for your heart. It's never too late to improve the quality of your life. YOU CAN BEGIN TODAY.



**MEMO**

IN GRATITUDE TO:

The MEDICAL STAFF and EMPLOYEES of the West Roxbury V.A. Medical Center, without whom this book, THE HEARTLINE PROGRAM, and the very lives of countless Veterans could not exist today,

AND

A heartfelt thanks to the following organizations for their generous contributions and donations, as well as their support of THE HEARTLINE PROGRAM:

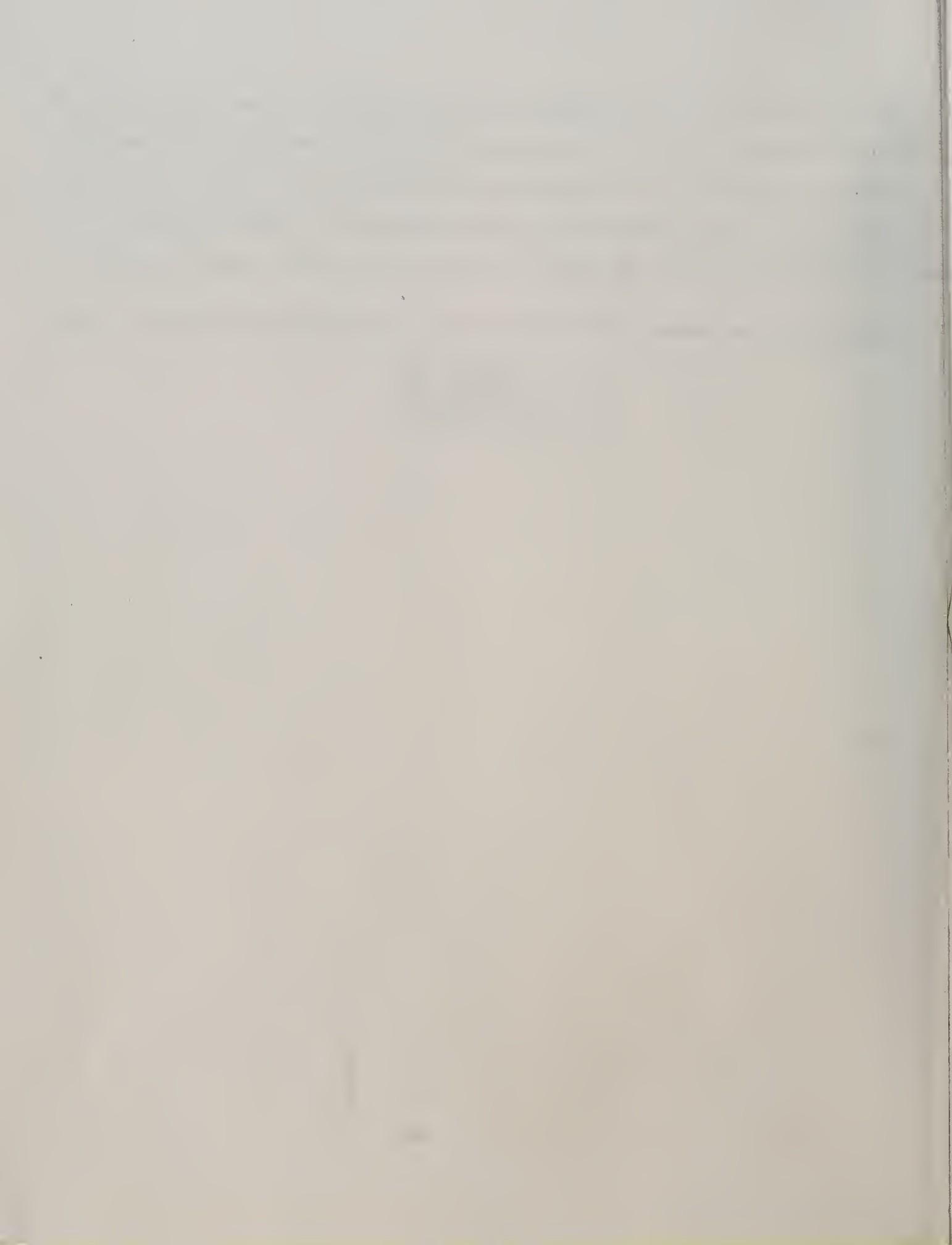
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The HEARTLINE CHAPTER expresses gratitude to the West Roxbury V.A. Medical Center for its continuing cooperation, interest and devotion to the medical advances that, in turn, contribute to the health and well-being of American Veterans.

Pat Conte  
President



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Such health professionals as a Cardiologist, Cardiothoracic Surgeon, Nutritionist, or Psychologist will present topics and information in their specific disciplines. Members' questions are welcome. A members-only discussion where individual experiences dealing with each topic may be heard will follow the evening's presentation. Although Heartline meetings cover topics mentioned in our OBJECTIVES section, suggestions by Heartline Chapter members are considered for discussion.

Topics of discussion at Heartline Chapter meetings include early identification of medical/surgical interventions for and life-style management of cardiovascular diseases. High blood pressure, angina, arteriosclerosis, heart attack, stroke and congestive heart failure are forms of cardiovascular disease.

**PURPOSE:**

The West Roxbury Veterans Administration Medical Center (VAMC) Heartline Chapter is a fellowship of Veterans. Their common concern is to improve and maintain cardiovascular health following hospitalization. Veterans join together to share experiences, strengths and hopes while addressing issues which may affect their lives in the pre- and post-operative periods and beyond.

**GOALS AND OBJECTIVES:**

1. To provide those who elect membership the tools and rules necessary to live normal lives following heart attacks, heart surgery and/or other diagnosed heart problems.
2. To provide an interactive environment where members may learn health management and heart maintenance from health professionals at the West Roxbury V.A.M.C. and from each other.
3. To learn to maintain one's self-image which is critical following a heart attack and/or heart surgery. Family and friends must

provide the best medicine of all:  
caring, compassion and understanding  
towards the physical, emotional and  
spiritual state of a heart patient  
following his confinement.

4. Our guest speakers at Heartline meetings are highly competent health professionals who can assist you to develop a course of action to improve the quality of your life, by providing updated information regarding how to live a heart-healthy lifestyle.

NOTE: We wish to thank the American Heart Association for its cooperation in providing information which has been incorporated in this booklet.

FOR FURTHER INFORMATION, PLEASE CONTACT  
PAT CONTE AT 376-4102

DUES OR OTHER ASSESSMENTS ARE NOT REQUIRED  
OF MEMBERS

#### HIGH BLOOD PRESSURE:

The importance of controlling high blood pressure cannot be overemphasized. It is best to have your blood pressure checked at least once a year, or more often if the doctor suggests it, to ensure that it is under control. If you have high blood pressure, intervention may range from medication to changes in lifestyle. Untreated high blood pressure can contribute to stroke and heart attack.

#### ANGINA:

Angina is not a heart attack. Angina, or angina pectoris, is a recurring, distressing, dull pain in the chest felt when the supply of blood to a part of the heart muscle is not enough to meet its needs. Medications and changes in living habits can control its occurrence.

#### ATHEROSCLEROSIS:

Atherosclerosis, also called hardening of the arteries, contributes directly to heart attack and stroke. The development of atherosclerosis may be prevented or slowed down, however, when threatening risks such as high blood pressure, an elevated blood cholesterol level, and cigarette smoking are identified early and modified.

#### HEART ATTACK:

Heart attack remains the nation's Number One Killer. Heartline Chapter meedings address such issues as:

- Who is a candidate?
- What are the early signals of heart attack?
- What action can and must be taken if you believe you are experiencing a heart attack?

Additionally, discussion includes the rehab process and/or surgical interventions for victims of heart attack.

#### STROKE:

Stroke afflicts an estimated 1.8 million Americans. The effects of a stroke may be slight or severe, temporary or permanent. You are most likely to have a stroke if you have high blood pressure, high levels of blood cholesterol, and a history of little strokes. Heartline Chapter meetings discuss the warning signals of stroke, as well as the rehab process and the role of family and friends.

#### CONGESTIVE HEART FAILURE:

If your doctor tells you that you have congestive heart failure, don't be alarmed. Your heart is not going to stop beating. The strongest muscle in your body has been weakened. Congestive heart failure usually requires more than one form of treatment. If you follow your doctor's advice, you have a good chance of improving your condition and the quality of your life.

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NOTE: The Heartline Program is pleased to announce that the following committees have been established for the purpose of assisting in addressing the needs of its membership at the West Roxbury VA Medical Center.

HOSPITAL COMMITTEE:

Tony Frasca  
Russ DiTocco  
Ben Brecker

VETERANS SERVICE COMMITTEE:

Pat Conte

REHABILITATION COMMITTEE:

Two Professional Volunteers

TRANSPORTATION NETWORK:

Heartline Volunteers

**MEMO**

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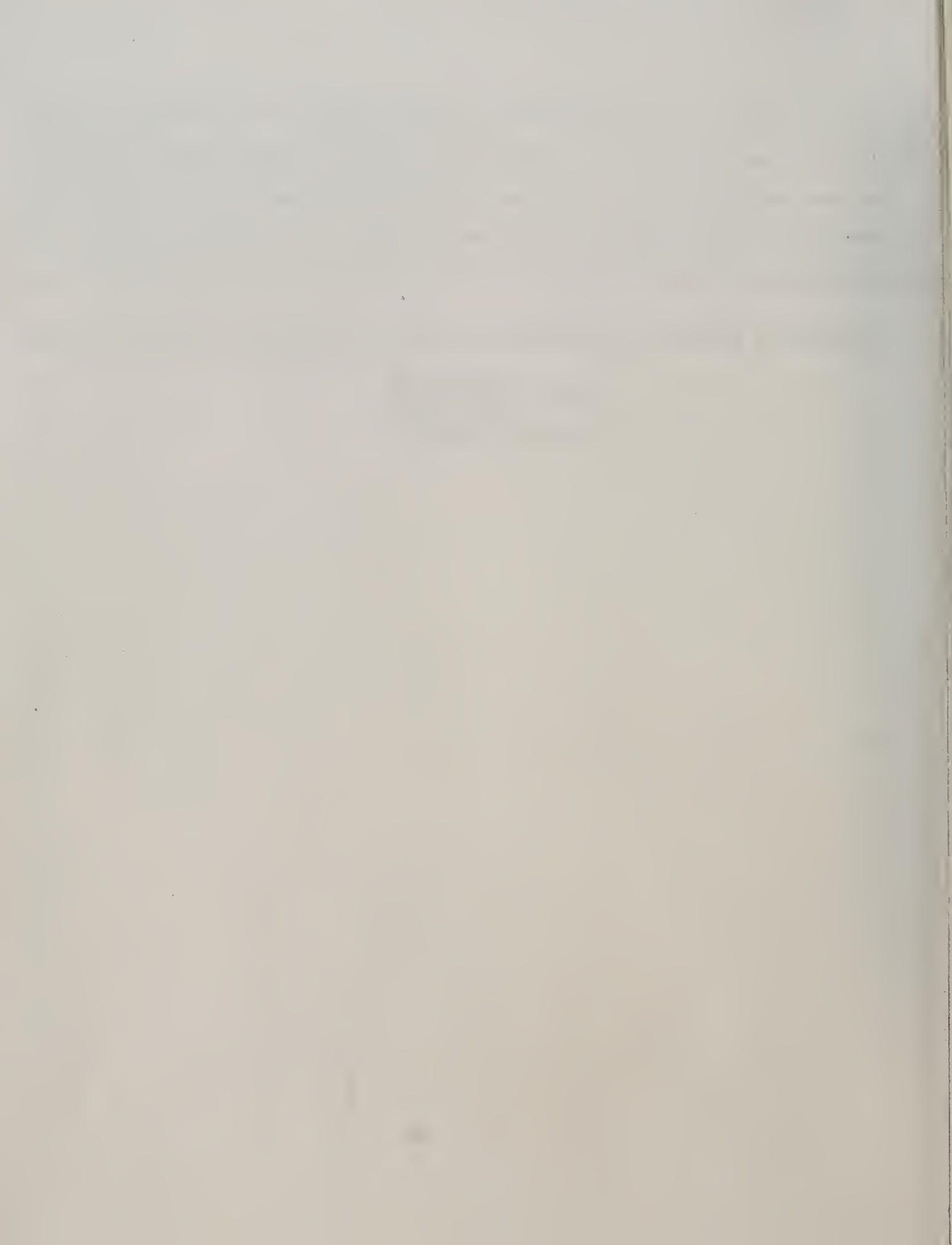
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Pat Conte  
President





ANNOUNCEMENT

# Newsletter

THE NEXT MEETING OF THE HEARTLINE CHAPTER WILL BE HELD:

DATE: March 10, '88 TIME: 7:00 p.m. PLACE: Rm. 1 D 118, VAMC, W. Roxbury

SPEAKER: SHUKRI F. KHURI, M.D., Professor and Chief of Surgery, Harvard Medical School/West Roxbury VA Medical Center

MEETINGS ARE HELD THE SECOND THURSDAY OF EACH MONTH FROM 7 P.M. TO 8:30 P.M. MEETINGS ARE OPEN TO VETERANS WHO HAVE UNDERGONE HEART SURGERY OR ARE AFFLICTED WITH OTHER HEART PROBLEMS. WE CORDIALLY INVITE FAMILIES AND FRIENDS OF VETERANS TO OUR MONTHLY MEETINGS.

HEARTLINE MEETINGS ARE DEDICATED TO THE FOLLOWING GOALS AND OBJECTIVES:

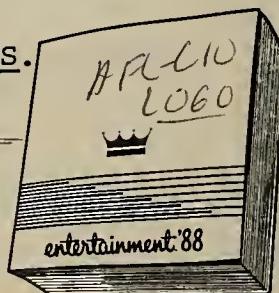
1. TO PROVIDING THOSE WHO ELECT MEMBERSHIP THE TOOLS AND RULES NECESSARY TO LIVE NORMAL LIVES FOLLOWING HEART ATTACKS, HEART SURGERY AND/OR OTHER DIAGNOSED HEART PROBLEMS.
2. TO PROVIDING AN INTERACTIVE ENVIRONMENT WHERE MEMBERS MAY LEARN HEALTH MANAGEMENT AND HEART MAINTENANCE FROM HEALTH PROFESSIONALS AT THE WEST ROXBURY V.A.M.C. AND FROM EACH OTHER.
3. LEARNING TO MAINTAIN ONE'S SELF-IMAGE WHICH IS CRITICAL FOLLOWING A HEART ATTACK AND/OR HEART SURGERY. FAMILY AND FRIENDS MUST PROVIDE THE BEST MEDICINE OF ALL: CARING, COMPASSION AND UNDERSTANDING TOWARDS THE PHYSICAL, EMOTIONAL AND SPIRITUAL STATE OF A HEART PATIENT FOLLOWING HIS CONFINEMENT.
4. OUR GUEST SPEAKERS AT HEARTLINE MEETINGS ARE HIGHLY COMPETENT HEALTH PROFESSIONALS WHO CAN ASSIST YOU TO DEVELOP A COURSE OF ACTION TO IMPROVE THE QUALITY OF YOUR LIFE, BY PROVIDING UPDATED INFORMATION REGARDING HOW TO LIVE A HEART-HEALTHY LIFESTYLE.

FOR FURTHER INFORMATION, PLEASE CONTACT PAT CONTE AT 376-4102.

DUES OR OTHER ASSESSMENTS ARE NOT REQUIRED OF MEMBERS.

MAILING EXPENSES PAID FOR BY ENTERTAINMENT '88

*Simple*



WEST ROXBURY VA MEDICAL CENTER, HEARTLINE CHAPTER

Dear Heartline Member:

Now that winter is winding down, we can look forward to the coming of spring with its warm sun rays and all of its beauty. It is again that time of the year to make your plans to be with us at our Heartline Meetings. We have invited a number of outstanding speakers in all fields of Medicine and Surgery, as well as a Dietician-Nutritionist, a Veterans' Counselor, a nationally known member of AA (Alcoholics Anonymous), and an Attorney at Law to participate in our 1988 Heartline Program. Listed below are the Speakers and the dates on which they are scheduled. Please plan to be with us on these dates. Family and friends are most welcome.

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WRVAMC - Heartline

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1. HOSPITAL COMMITTEE:

This committee is comprised of three volunteers, Tony Frasca, Russ DiTocco and Ben Brecker, and its purpose is twofold: (a) To visit heart patients during their hospitalization in the pre- and post-operative period, (b) To brief heart patients on the Goals and Objectives of the Heartline Group, with emphasis on living a "Heart-Healthy Lifestyle" by receiving updated information from Medical Professionals at the West Roxbury VA Medical Center Heartline Meetings.

2. VETERANS SERVICE COMMITTEE:

Pat Conte, Retired National Representative with the American Federation of Government Employees (AFL-CIO); Carleton Merrill, Veterans Service Agent, City of Newton; and John Regan, National Service Officer, DAV, Chapter 114, Natick, MA.

Its primary function is to assist the Heartline Members in Disability Compensation Claims as well as other matters, at both the VA Regional Offices and the Social Security Administration. In addition, to furnish upon request Representation at Hearings and Appeal Boards at all levels of appeals, without cost to the membership.

3. REHABILITATION COMMITTEE: Two Professional Volunteers,

Two Professional Volunteers, a Registered Dietitian, and a Clinical Psychologist who will assist heart patients in the rehabilitation process through Diet, Exercise and the Management of Stress and Emotional Behavior.

4. TRANSPORTATION NETWORK:

Heartline Volunteers who will provide motor transportation as needed to our members and families to and from the West Roxbury VA Medical Center.

For assistance, call: Pat Conte, President, Heartline, W RVAMC, at 376-4102,  
or write: 255 Orchard Street, Millis, MA 02054.



Art,

Many of our members are shut-ins and enjoy our quarterly newsletters. This old issue might might enjoy.

PC





# Newsletter

Happy  
St. Patrick's  
Day

MARCH 1986

VOL. 2 No. 3

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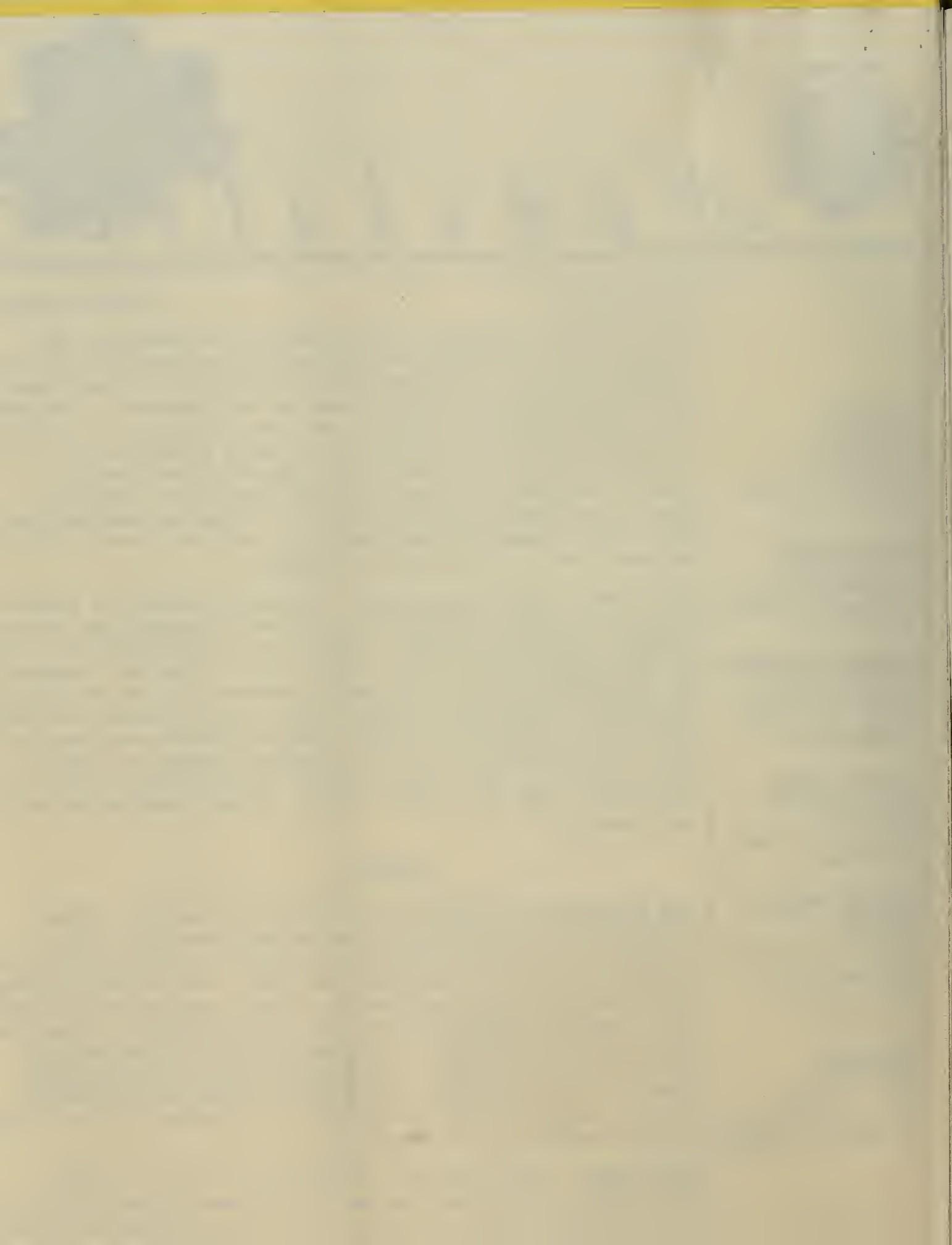
The principal speaker at our February 13th meeting, Dr. Miguel Josa, is truly a reflection of the dedication of the surgical teams at the West Roxbury VA Medical Center that provide outstanding medical care to our Veterans. Ordinarily, cardiothoracic surgeons are not involved in the post-operative convalescence period of their patients. Not so at the W.R.V.A.M.C. Many of our members have been Dr. Josa's patients, and when you hear the slogan, "Patient care is our Number One priority," you know we are talking about the warmest, friendliest and the most cheerful person we have had at our Heartline meetings.

Dr. Josa, in his presentation, covered a number of subjects such as: possible ramification of second operations, angioplasty in lieu of surgery, various new techniques that are in the research and development stages of medical science. As we approach the 1990s, heart surgeons will be utilizing new methods and technologies in the area of cardiovascular diseases. Following a lengthy question-and-answer period, Dr. Josa indicated that he is looking forward to meeting with us again. He wished us Good Health and Long Life. I'll buy that. Come back soon, Doctor. Your presentation was outstanding.

TIDBITS

THE HEARTLINE GOLF PROS: Eight hale and hearty golfers, headed by our own Swinging Joe Delaney, are off to the Southland to blister the greens of the Orlando Country Club. My question: "Is it possible that eight ex-GIs can survive eight weeks cramped together in a small condominium without their support systems (wives and girlfriends)?" It has been said that golf hackers can go ga-ga with 80° temperatures and a little sunshine. It's possible the Slammin' Sammy Sneads of our Heartline Chapter are OK and we non-golfers are not playing with a full deck, to tolerate the cold and stormy weather of New England.

RITA DALE: This wonderful woman kills us with kindness. She gingerly two-steps her way to our meeting room with Jack on one arm and little goodies for the boys under her other



arm. With her vibrant personality and charming smile, she truly is a joy. Thanks for the goodies, Rita. Jack - a word of advice...Don't let this lovely lady get away. She is a jewel, and jewels are a rare commodity in this day and age.

TOM CROWE-BILL DUNPHY: It was good to see Tom and Bill swap war stories. Dunphy, a Past National Commander of the Americal Division, was explaining to Crowe the 182nd Infantry Regiment, how they drove the Japs off the Guadalcanal and the Solomon Islands. What I can't understand is, why the hell you guys waited for the troops from the European Theatre to mop up in the Pacific. Don't tell me we had better chow! "C" and "K" rations were worldwide - remember?

WARREN AND ANNA MOLLINEAUX: Mr. "W" has had a few setbacks in '85. Presently, he looks great! I sought professional counsel from our Resident Dietician, Ann Joyce, on what was best for our ailing friend. The advice was passed along to Anna: homemade chicken soup and a snifter of brandy before bedtime, plus Tender Loving Care (TLC). It works. What a wonderful prescription!

FRANK AND CARMELLA MAZZARELLA: Newcomers at our February meeting. They told this writer that they enjoyed Dr. Josa's presentation and meeting new friends at Heartline. Welcome aboard! Hope to see you at future meetings.

TICKER TIP: If you want to stay healthy and aerobics is not your cup of tea, TRY LAUGHING!!! While there's no substitute for physical exercise, "LAUGHTER WORKOUTS" may provide some benefits, according to Dr. William F. Fay, a researcher at Stanford University Medical School (CA). Laughter has been described as "stationary jogging." Like running and swimming, it gives the heart muscle a good workout. So may we suggest that our members get in touch with what tickles them...LAUGH - LAUGH - LAUGH with GUSTO...EXERCISE YOUR TICKER!

EDITOR'S NOTE: We have received numerous calls from our shut-in members, many of whom are unable to attend our meetings. They have made a specific request: "Please give us more of that George Burns humor in future Newsletters." OK, Guys, I got the message. See page 4.

NEXT MEETING - REMINDER

DATE: Thursday - March 13, 1986

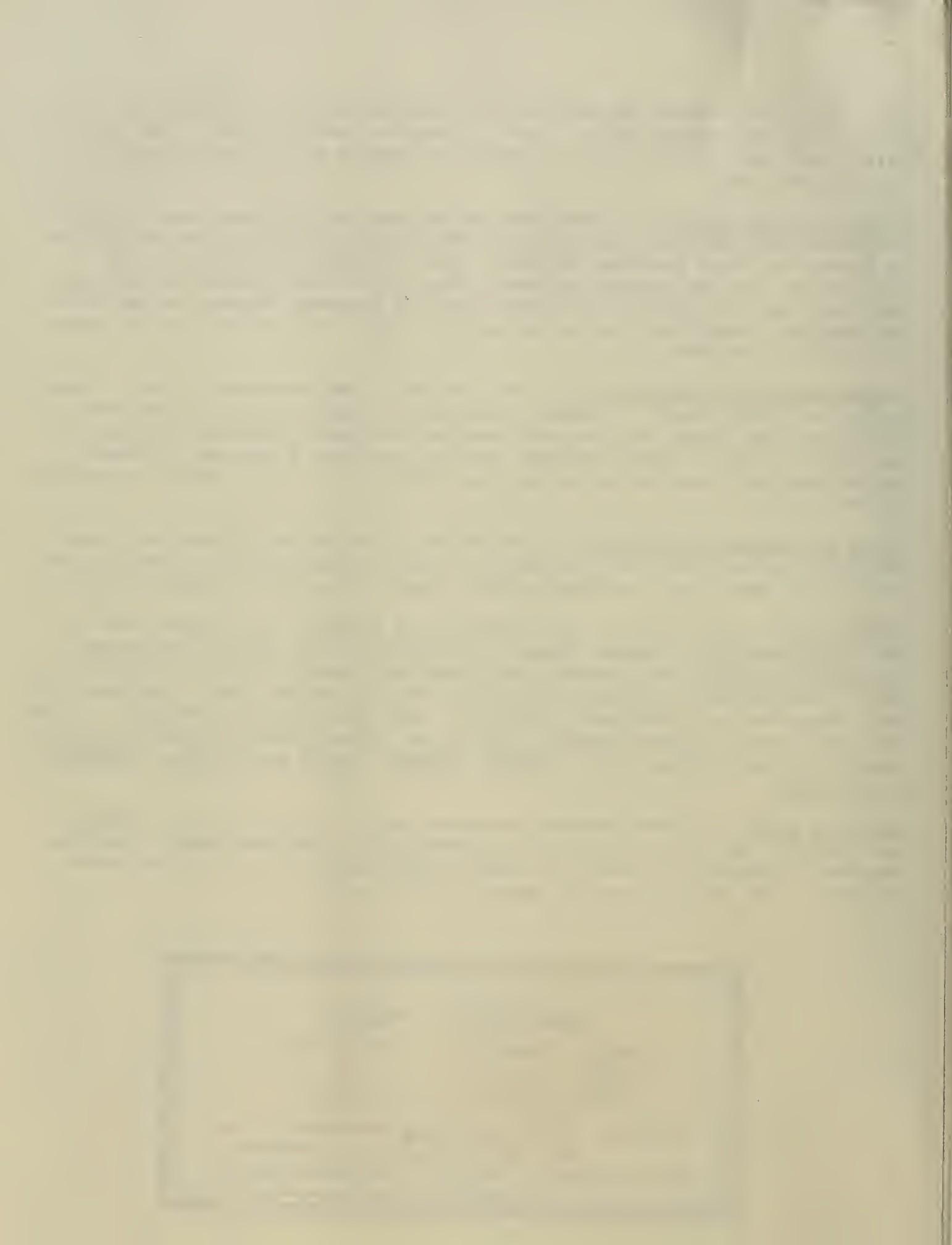
TIME: 7 p.m.

PLACE: Room 118 - first floor

SPEAKER: Bill Ruplinger, Assistant Chief

• Medical Administrator, WRVAMC

SUBJ: Veterans' Benefits and Entitlements



+++ A HEARTFELT THANKS +++  
TO THE EARL W. HARVEY - DAV CHAPTER 114  
OF NATICK, MASSACHUSETTS

who wrote as follows:

"Please accept our contribution to defray the cost of printing and mailing the March and April 1986 editions of the HEARTLINE NEWSLETTER."

As a major Veterans' organization representing one million members, we believe the slogan, "AMERICA IS NUMBER ONE...THANKS TO OUR VETERANS." Therefore, we believe that all Veterans must be provided the best possible Hospital Care, Outpatient Services and Extended Support Groups, such as the Heartline Program. The DAV motto, "REACHING OUT TO ASSIST WAR DISABLED," truly reflects the Goals and Objectives of the Heartline Program at the West Roxbury Veterans' Administration Medical Center (WRVAMC). This extended service and assistance provided to heart patients and their families are worthy of our support. We urge other DAV Chapters to "REACH OUT TO HELP OUR HOSPITALIZED VETERANS."

Richard H. Wells, Adjutant  
Allen A. Auer, Commander

## OH, HOW WE SUFFERED !



THE DESERT SOLDIER -- Anonymous, 1943, from Rich Bowman's scrap book.

I am sitting here a-thinking of the things I've left behind;

I would hate to put in writing just what is on my mind.

We have dug a million ditches and cleared off acres of ground,

We have drunk our beer and whiskey in each honky-tonk in town;

But there is one consolation -- gather round me while I tell --

When we die we'll go to Heaven, for we've done our stretch in Hell.

We have built a million kitchens for the cooks to burn our beans,

We have stood a million guard-mounts and we've cleaned the camp latrines,

We have slept at night with scorpions, we've peeled a million spuds,

And killed a million snakes and ants that tried to steal our grub.

When our work on earth is over, then our friends behind will tell

"When they died, they went to Heaven, for they'd done their stretch in Hell."

When the final Taps are sounded and we lay aside Life's cares

Hell."

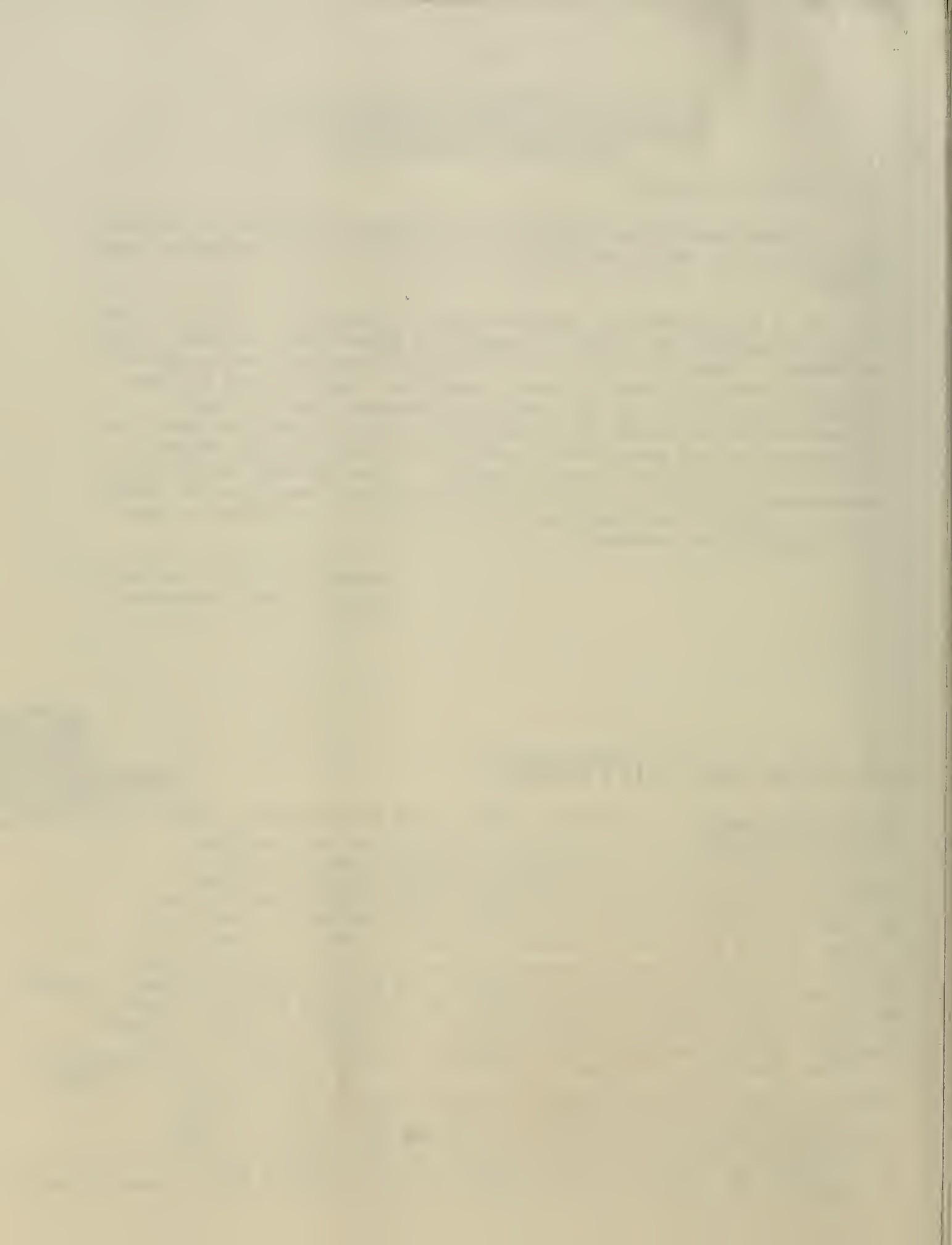
And stand our last inspection on the shining Golden Stairs,

The angels there will welcome us, their golden harps will play;

We'll draw a million canteen checks and spend them in a day.

It is there we'll hear St. Peter tell us with a loudly yell,

"Come on in, boys, from the desert, for you've done your stretch in Hell!"



# DEAR GEORGE

Advice and Answers  
from America's Leading Expert on  
Everything from A to B

## GEORGE BURNS



Dear George--

Last night I had a blind date with a wealthy doctor that my parents fixed up for me. He was nice, but ugly. Honest, George, he looked like a gorilla. I really believe I have found the missing link, and what's worse, he wants to go out with me again. My parents want me to marry him, and I know he would. But how could I eat breakfast every morning with that hideous monkey sitting across the table from me?

=Apprehensive

Dear App--

He's wealthy, he's a doctor, marry him, skip breakfast and eat a big lunch.

P.S. Let me know when you get married and I'll send you some peanuts.

Dear George--

I need therapy, but I'm a little suspicious of the psychiatrist who was recommended to me. I found out that, instead of a couch, he has a big double bed in his office. Should I go to him or not?

=Paranoid

Dear Par--

Go to him. Why would a double bed make you suspicious? Maybe he likes to take a nap between patients. Maybe he's got a bad back. Maybe his nurse has a bad back. If you don't have faith in people, kid, you'll never get well.

(I've never gone to a psychiatrist, but I play bridge with one 2 or 3 times a week. One day I said to him, "Al, how can you stand that work of yours? How can you listen to people's problems eight hours a day?" He said, "Who listens?" Now I know why he's such a lousy bridge player.)

Dear George--

My husband and I are senior citizens and we still care about each other. Is it okay to make love in the 90s?

=Getting Up There

Dear Getting--

I think it's best around 70 or 75. If it gets any hotter than that, I turn on the air conditioner.

Dear George--

I am a Senior Citizen, and they tell me I should be enjoying the Golden Years. How can I awake every morning with a song in my heart?

=Still Kicking

Dear Still--

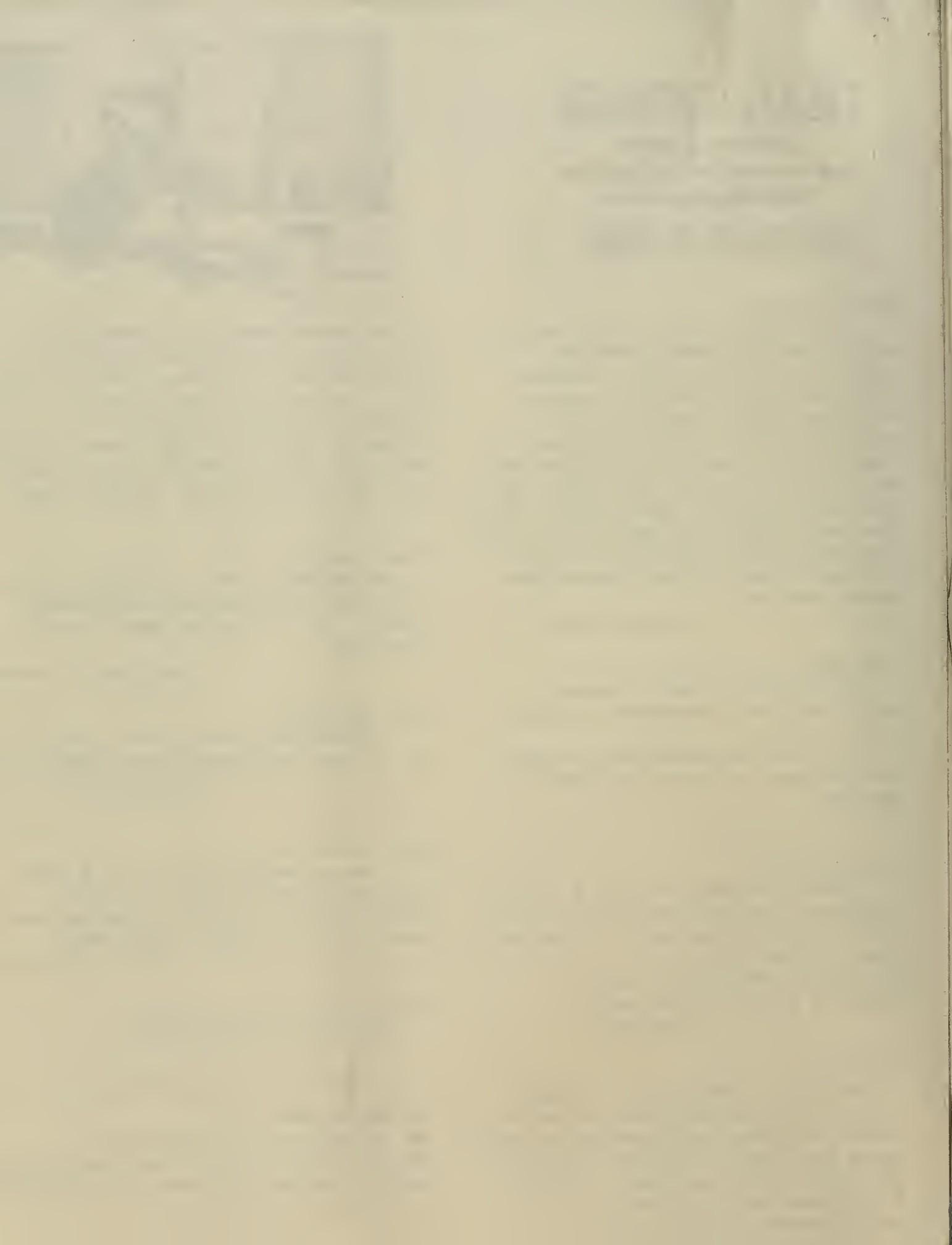
Try an AM-FM pacemaker.

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EDITOR'S NOTE:

If you have any questions for George, send them to your Newsletter editor and he will seek the answers.

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"Vault") and is a Director of The First National Bank of Boston, the Bank of Boston Corporation, the Massachusetts Mutual Life Insurance Company, the Massachusetts Business Roundtable, the Private Industry Council, Inc., and Jobs for Massachusetts, Inc. He is also past Chairman and an Honorary Vice President of the Greater Boston Chamber of Commerce.

Our guest of honor's broad range of philanthropic pursuits reflects the breadth and depth of his compassion for others. Committed to enhancing opportunities for our nation's youth, he is a member of the Advisory Board of Junior Achievement of Eastern Massachusetts, the Advisory Group to the Greater Boston Council of the Boy Scouts of America, the Corporation of Babson College, and is a Director of Valparaiso University.

Dedicated to enriching the cultural life of his community, he is a Director of the John F. Kennedy Library, The Freedom Trail Foundation, Inc. and Friends of Post Office Square. He serves on the Board of Overseers of the Boston Symphony Orchestra and is a member of the Corporation of the Museum of Science.

He is also Founder and Chairman of Boston Against Drugs, a Director and Vice President of the United Way of Massachusetts Bay and is a trustee of the Massachusetts Eye and Ear Infirmary and the National Commission Against Drunk Driving. A man of deep religious conviction, Mr. Freche serves as President of his Church, St. Luke's Lutheran Church, in Dedham.

We at the American Jewish Committee recognize that the commitment and concern of individuals from all walks of life are necessary if we are to realize our dream of a better world for all. Therefore, in gratitude for his devotion to his fellow men and women, we are proud to present Gerhard M. Freche with our Community Service Human Relations Award.



3-15-88



In Honor Of

## Gerhard M. Freche

Chairman of The Board  
New England Telephone Company

The Institute of Human Relations  
of the American Jewish Committee

*cordially invites you to attend a*

Testimonial Dinner

*honoring*

## Gerhard M. Freche

*Chairman of the Board  
New England Telephone Company*

*Keynote Address*

**The Honorable Edward M. Kennedy**  
*United States Senator*

*Remarks*

**The Honorable Raymond L. Flynn**  
*Mayor of Boston*

**David F. Squire**  
*American Jewish Committee  
National Board of Governors*

**The Reverend Charles R. Stith**  
*Pastor, Union United Methodist Church*

Tuesday, April 5, 1988

The Copley Plaza Hotel  
Boston

\$2,500 per table of ten  
\$250 per person  
No solicitation of funds  
Business attire  
R.S.V.P.

Cocktails—6:45 P.M.  
Dinner—7:45 P.M.  
Passover Dietary  
Laws Observed

The Community Service  
Human Relations Award

*presented to*

**Gerhard M. Freche**

*Chairman of the Board  
New England Telephone Company*

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Chairman, President  
& Chief Executive Officer  
Zayre Corp.

Maurice Segall  
Chairman, President  
& Chief Executive Officer  
Zayre Corp.

\**In formation*

over

*Previous Award Recipients*

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THOMAS A. SAMPSON

*Managing Partner—Boston/Regional Managing Partner—Eastern United States  
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PATRICK J. PURCELL

*Executive Vice President, News America/Newspapers  
President and Publisher, The Boston Herald and The New York Post*

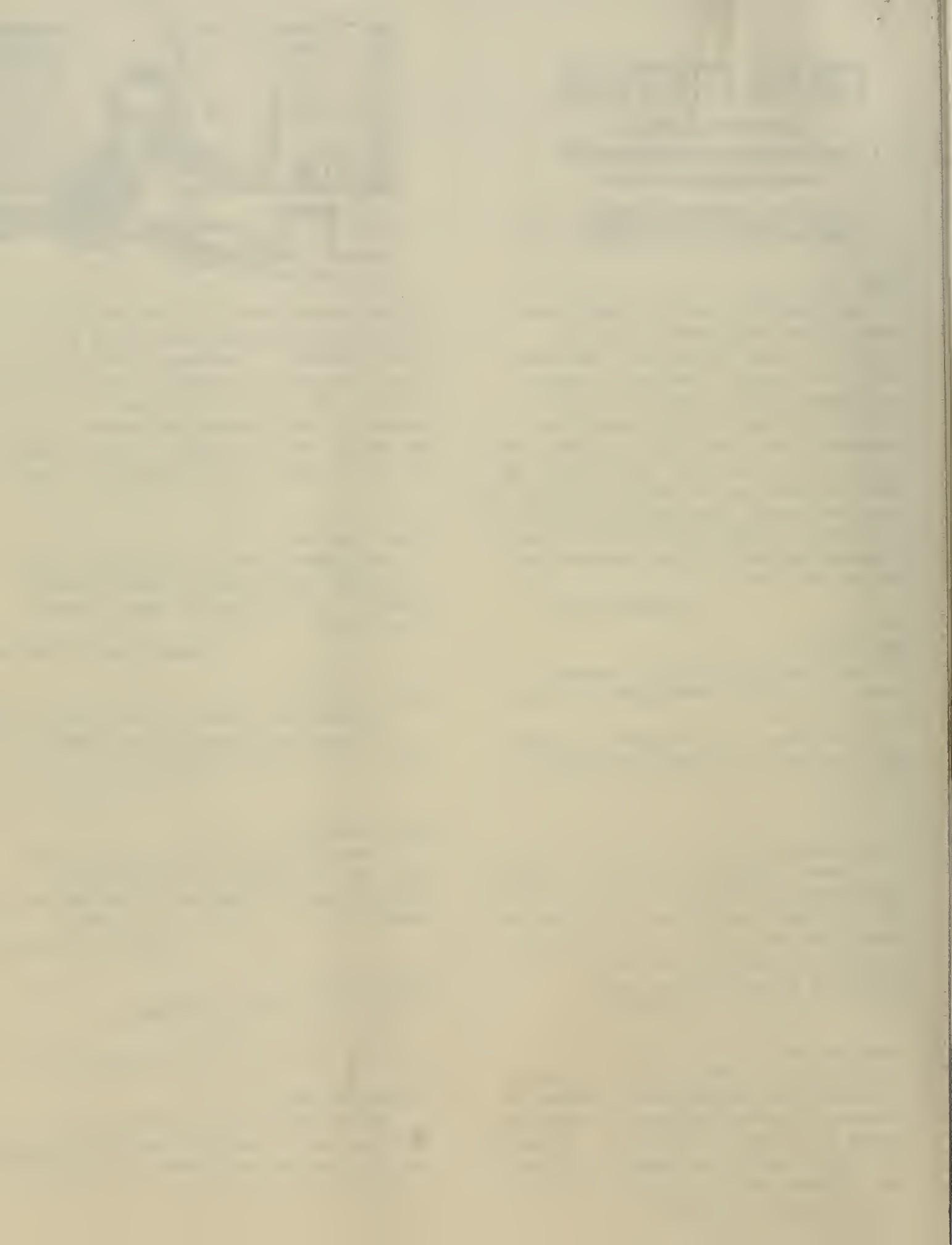
## OUR GUEST OF HONOR

The Institute of Human Relations of the American Jewish Committee is pleased to recognize one of the Boston community's most distinguished individuals, Gerhard M. Freche. In all of his endeavors — personal, professional, and philanthropic — he embodies our organization's own dedication to building a humane and just community.

As Chairman of the Board and Chairman of the Executive Committee of New England Telephone Company, a company with \$7.5 billion in assets and approximately 30,000 employees, Mr. Freche directs operations in Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. A graduate of Valparaiso University, his career in business began in the Bell System in 1955 with Illinois Bell Telephone Company in Chicago. In 1965, he became a Planning Supervisor for AT&T in New York City, and he returned to Illinois Bell in 1968.

Thanks to his determination and his dynamic style of leadership, he quickly and steadily rose through the corporate ranks. Earning promotion upon promotion, he has held a variety of positions, including Assistant Vice President of Personnel and Public Relations, and Vice President of Illinois Bell's Suburban Operations. He served as Vice President-Operations and Executive Vice President and Chief Operating Officer of Northwestern Bell in Omaha, Nebraska, serving the five states of Nebraska, Minnesota, Iowa, North Dakota and South Dakota. He also served as Executive Vice President of AT&T (Western Electric) in New York. In 1982, he was elected President and Chief Executive Officer of New England Telephone, and on February 1, 1988 he was elected to his present position as Chairman of the Board.

Mr. Freche's other professional activities are wide-ranging. He is Chairman of the Coordinating Committee (better known as the



Please make \_\_\_\_\_ reservation(s) for the Testimonial Dinner honoring Gerhard M. Freche, Chairman of the Board of New England Telephone Company, on behalf of the Institute of Human Relations, on Tuesday, April 5, 1988, at 6:45 P.M., at the Copley Plaza Hotel in Boston.

*Table subscriptions will be listed on the program.*

*Please show your name, title and firm as you would like them to appear.*

TABLE SUBSCRIPTION: \$2,500 (Admits Ten)\*

DINNER SUBSCRIPTION: \$250 (Admits One)\*

Enclosed is a check for \$\_\_\_\_\_ contribution only  
(please print)

Check here if  
contribution only

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

FIRM \_\_\_\_\_

ADDRESS \_\_\_\_\_

*Please make check payable to the Institute of Human Relations*

*List guests on reverse side*

*\*Your contribution is tax-deductible to the extent permitted by law*



**IF ENOUGH  
PEOPLE ATTEND  
THIS YEAR,  
NEXT YEAR,  
WE'LL HAVE  
OUR PARTY IN  
THE WHITE HOUSE.**

Monies raised at this event will go towards the Presidential and Democratic Party Victory Fund for the campaign of the Democratic nominee for President, and state and local party building.  
Paid for by The Democratic National Committee

Tip O'Neill and Ed Muskie  
ask you to join them in  
saluting a native New Englander,

PAUL G. KIRK, JR.  
Democratic National Committee Chairman

---

Sunday, April 10, 1988

The Boston Park Plaza Hotel and Towers  
Boston, Massachusetts

12:30 - Cocktails & Reception  
1:30 - A Grand & Elegant Lunch

\$500 per person  
\$5,000 per table



Tip O'Neill and Ed Muskie

c/o New England Salute To Paul G. Kirk, Jr.  
304 Newbury Street, Suite 323  
Boston, MA 02115

**STEERING COMMITTEE**  
*Still In Formation*

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**Attention: Walter Dunfey**

④ 19

\_\_\_\_\_ Yes, I would like to purchase \_\_\_\_\_ tickets to the Salute at \$500 each. My check for \$\_\_\_\_\_ is enclosed.

\_\_\_\_\_ No, I am sorry I will not be able to attend but enclosed is my contribution for \$\_\_\_\_\_.

For More Information about the Salute, call: Peter Dunfey, 617-236-4545.

Please make your checks payable to:

**Salute to Paul G. Kirk, Jr.—Democratic Party Victory Fund**  
(please specify Federal or Non-Federal account)

**State Party Chairs**

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Your contribution to the Federal account is for use in connection with Federal elections and is subject to Federal contributions prohibitions and limitations.

Your gift to the Democratic National Committee is not tax deductible as a charitable contribution for Federal income tax purposes.

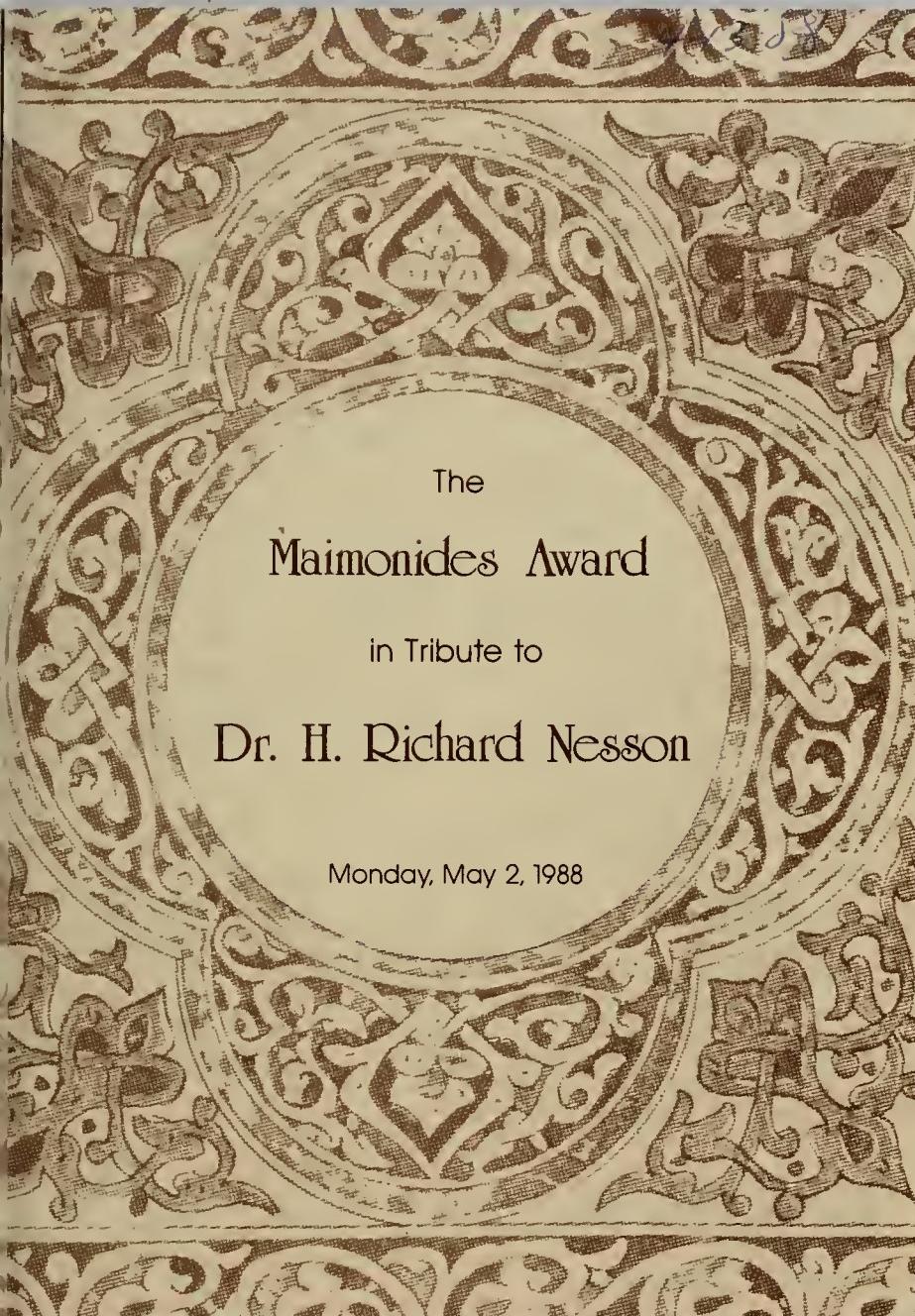
**A NEW ENGLAND SALUTE TO PAUL G. KIRK, JR.**

Yes, as an INDIVIDUAL, I would like to make a \$10,000 contribution to The Victory Fund which will give me two tables at the Salute, my name listed in the program, and membership in the Democratic Business Council of the DNC. This membership entitles me to an array of programs/meetings for top business leaders, opportunities to attend major Democratic Party events, privileges at the 1988 Democratic Convention in Atlanta, July 18-22, including: breakfast with the Presidential nominee, special credentialing, meeting privileges, guaranteed VIP hotel accommodations and invitations to special convention events. My check is enclosed.

Yes, my ASSOCIATION or CORPORATION would like to make a \$15,000 contribution to the Victory Fund which will entitle us to all of the above benefits. My check is enclosed.

Yes, I/we would like to buy a table for ten at the Salute for \$5,000 which gives me membership in The National Finance Council of the DNC, providing me periodic national meetings/policy briefings, opportunities to attend major Democratic party events, privileges at the Convention including: special credentialing, meeting privileges, guaranteed VIP hotel accommodations and invitations to special convention events. My check is enclosed.

OVER



The  
Maimonides Award

in Tribute to

Dr. H. Richard Nesson

Monday, May 2, 1988



The Anti-Defamation League's Maimonides Award, named for the 12th century Jewish philosopher and physician, symbolizes excellence in medicine and a deep sense of human values – combining heart and mind to heal.

For this 1988 Maimonides Tribute, ADL is proud to honor an individual whose mind and heart epitomize that ideal – **Dr. H. Richard Nesson**, president of Brigham and Women's Hospital. As an educator at Harvard Medical School and an administrator at the Brigham, he has focused on developing innovative approaches to the delivery of health care.

Dr. Nesson was one of the founders as well as the first medical director of the Harvard Community Health Plan. With a long term interest in primary care over his entire career, he has studied health care delivery systems in the U.S. as well as in Britain, Sweden, Israel, the Soviet Union, Japan, and the People's Republic of China. He has applied this broad knowledge and experience to the development of cost-effective ambulatory programs in the U.S. As president of Brigham and Women's Hospital, he has initiated a variety of path breaking programs, making the institution a forerunner in anticipating changing health care needs.

Dr. Nesson's primary focus has been the delivery of quality care to patients. With an eye toward the future, he is sharply attuned to currents sweeping across the nation and is sensitive to the special needs of new patient populations. He has shown his skill in managing the complexities of Brigham and Women's three-pronged commitment to clinical care, research and education.

Dr. Nesson is a graduate of Harvard University and Boston University Medical School and is a native of Boston. His family includes his wife Lois, daughter Sara, son Edward, and daughter-in-law Susan.

Dr. Nesson's efforts to improve the quality of care for all patients have been the hallmark of his career and have set a standard for his colleagues and students to follow. The ADL is proud to honor this exceptional physician and humanitarian with its Maimonides Award.

The Anti-Defamation League  
New England Region

requests the honor of your presence  
at the

## Maimonides Award Dinner

in honor of

### Dr. H. Richard Nesson

Monday, May 2, 1988

The Westin Hotel  
Boston, Massachusetts

Thomas O. Pyle  
*Dinner Chairman*

Robert Bretholz, Arnold Greenberg, Howard H. Hiatt  
M Howard Jacobson and Edward Stavis  
*Dinner Vice Chairmen*

Guest Speaker

Arthur Miller

Professor of Law - Harvard Law School  
Host - "Headlines On Trial"  
Former Host - "Miller's Court"

Reception at six  
Dinner at seven  
Business attire

\$1750 per table of ten  
\$175 per person  
Please respond



Anti-Defamation League of B'nai B'rith  
Dr. H. Richard Nesson Tribute Dinner  
Dinner Committee \*

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For more information, please call Barbara Kosovske 330-9669

Anti-Defamation League of B'nai B'rith  
Dr. H. Richard Nesson Tribute Dinner

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The Anti-Defamation League's "ultimate purpose is to secure justice and fair treatment to all citizens alike and put an end forever to unjust and unfair discrimination against and ridicule of any sect or body of citizens."

ADL Charter, 1913

*Our 75th Year*



1913 - 1988



### **Dr. H. Richard Nesson Tribute Dinner**

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One Lincoln Plaza, Suite 301

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We/I plan to join you at the ADL Maimonides Award Tribute Dinner honoring **Dr. H. Richard Nesson**, Monday, May 2, 1988, at the Westin Hotel, Boston.

Please reserve \_\_\_\_\_ table(s) or ten at \$1750.  
Please reserve \_\_\_\_\_ place(s) at \$175 per person.

I would like to be listed in the Tribute Book in honor of

**Dr. H. Richard Nesson** to be presented at the Dinner.

Please place me in the following category:

<input type="checkbox"/> Trustee . . . . .	\$5,000	<input type="checkbox"/> Associate . . . . .	\$500
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Thank you for returning and completing this card, even if you have made advance dinner or Tribute Book commitments.

Please make check payable to the Anti-Defamation League. Your dinner reservation, except the \$5000 per person meal cost, is a tax deductible contribution.

Please use the reverse side for table arrangements.

**Ticket(s) will be held at the door.**

Please seat the following people at my table:

1. \_\_\_\_\_
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3. \_\_\_\_\_
4. \_\_\_\_\_
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8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_



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An Affiliate of the National Committee for Labor Israel — Israel Histadrut Campaign, Inc.

25 HUNTINGTON AVENUE

ROOM 607

BOSTON, MA 02116

267-3572

April 14, 1988

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Dear Board Member,

The State of Israel's 40th Anniversary will be celebrated at the 60th Annual Histadrut "Israel Night at Pops" on Sunday, evening, June 19, 1988, at Symphony Hall. In conjunction with this event, a Souvenir Program Journal will be published and distributed at the Concert.

We are pleased to announce that Andrews S. Macalaster, former Chairman of the Board of Merchants Bank, will receive a Menorah Award for his many years of support and friendship to the non-sectarian programs of Histadrut in Israel.

The entire proceeds of this evening will benefit the non-sectarian Day Care Center in Tel Aviv, adopted by our Committee as a special project.

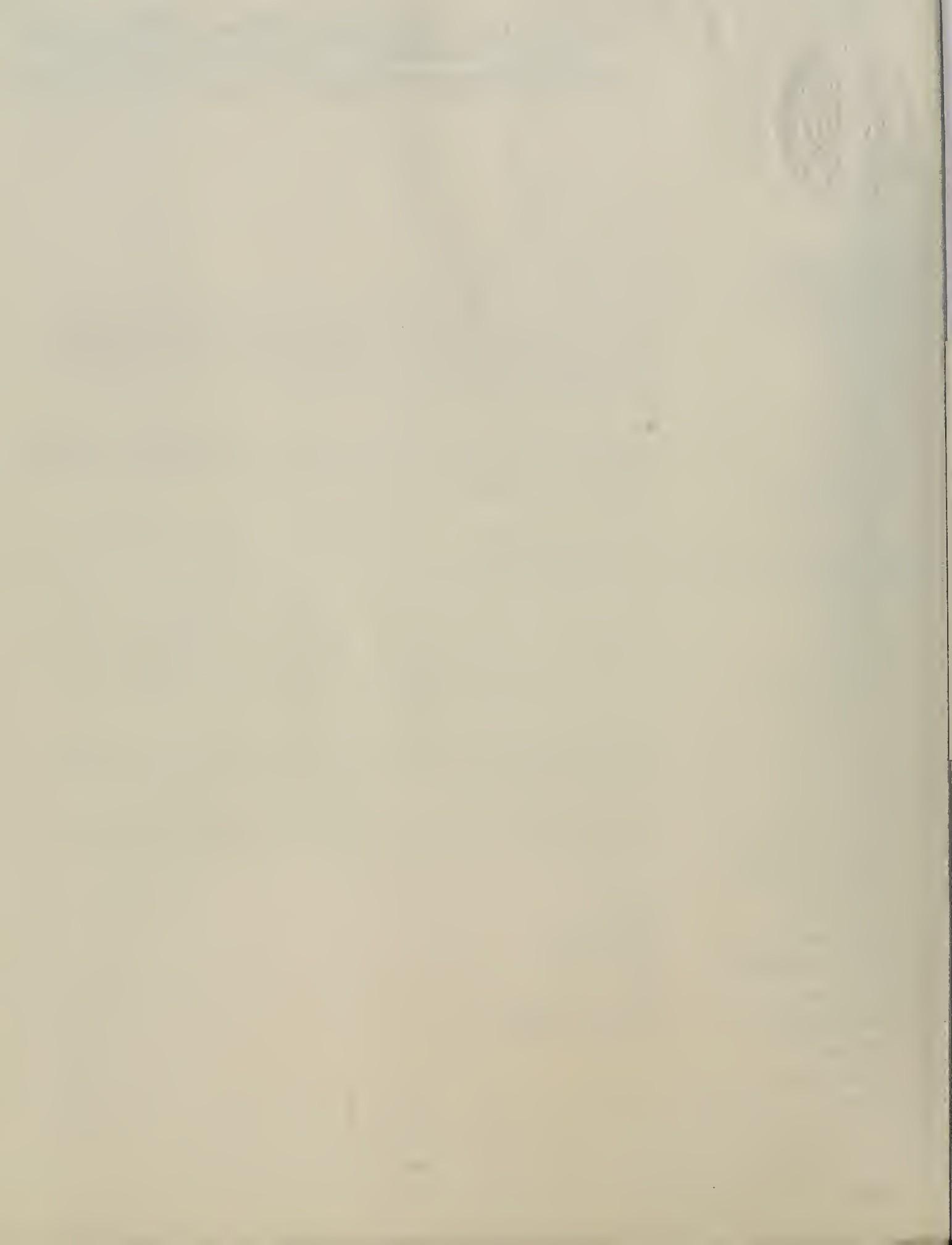
It is my privilege to serve as Concert Chairman and I would appreciate it if you would join me in this undertaking by purchasing a table (5 seats) for the Concert and/or inserting your advertisement or greeting in the Journal. Your contribution is fully deductible and you will be assisting Israel on its 40th Anniversary.

Please fill out the enclosed Concert Reservation Card and/or Advertising Contract and return it, with your text and check, in the self-addressed envelope as early as possible.

Your generosity in the past has been greatly appreciated and I look forward to your favorable response again this year.

Cordially,

ALLEN GARF  
CONCERT CHAIRMAN



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IN HONOR OF ISRAEL'S 40th ANNIVERSARY

SYMPHONY HALL - BOSTON  
JUNE 19, 1988

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